



2nd Annual IDA CME Conference

Program Chair & Moderator:
Jignesh Shah, MD
President of Indian Doctors Association

Welcome & Opening Remarks
Arvind Bhimaraj, MD,MPH
Interim Chief, Division of Heart Failure
Houston Methodist Hospital

Session One: Evolution of Medicine

"Innovations & Artificial
Intelligence"
Divya Reddy
Senior Corporate Counsel
Houston Methodist Hospital

"Business of Medicine"
Kyle Price
Key Note Speaker
Sr. Vice President and CEO
Memorial Hermann Southeast
and Pearland Hospital
Heart and vascular service line

Session Two: Hot Topics

"Exercise and the Heart"
Rajan Kadakia, MD
Managing Partner and
Founder Southeast
Cardiovascular Associates

"Plastic Surgery: The
Modern Fountain of Youth"
Kriti Mohan, MD
Plastic Surgery
Ciaravino Total Beauty

"Advanced Treatment
Techniques in Cancer Care"
Snehal Desai, MD
Radiation Oncology
Kelsey-Seybold Cancer Center

Session Three: Learning From the Experts: Hands on Work-Shops

"Beyond Doctoring: Be a Healer"
Ragini Miyala, MD
PediSTAT Urgent Care

"Meditation for Optimizing
sleep and Other Nightly
Pleasures"
Radheshyam Miryala, MD
Community Health 1st ER

Register: idahouston.org

IDA Members: Free. Limited Seats

Non-IDA Members: \$100

Lunch Included - business attire

Feb 8th 2020 | 9am-4pm | The Houstonian 111
|North Post Oak Lane | Houston, TX 77024

This program has been approved for AMA PRA Category 1 Credits™. The Annenberg Center for Health Sciences at Eisenhower is accredited by the ACCME to provide Continuing Medical Education for physicians. A maximum of 2.0 contact hours may be earned for successful completion of this activity.



Program Chair & Course Director
Jignesh Shah, MD

IDA 2nd Annual CME Conference at The Houstonian Hotel & Spa is set on February 8th, 2019. The conference will feature engaging sessions from accomplished speakers in the fields of medicine, healthcare administration, and wellness. There will also be opportunities to network with colleagues during breakfast, lunch, Q&A sessions, and an exciting trivia bowl. We will also have a presentation of 2019 Community Service Awards! Make sure you check out more than 25 vendor booths and enter for your chance to win Raffle prizes.

CME Schedule

Time	Topic	Speaker
7:30am-8:30am	Registration, Networking, Breakfast	
8:30am-8:40am	Welcome and Opening Remarks	Arvind Bhimaraj, MD
Session 1: Evolution of Medicine		
Panel: Steve Spann, MD, Charles Mouton, MD, Paul Smith, Jerald Broussard		
8:40am-9:00am	Innovations & Artificial Intelligence	Divya Reddy
Questions & Answers (20 minutes)		
9:20am-9:40am	Business Of Medicine	Kyle Price Keynote Speaker
Questions & Answers (20 minutes)		
Closing Remarks: Panelists and Speakers (20 minutes)		
Break & Networking (20 minutes)		
2019 Community Service Award Presentation (10 Minutes)		
10:50am-11:00am	Trivia Punch Bowl	Richard Cunningham
Session 2: Hot Topics		
Panel: David Buck, MD, Ruth Bush, MD, David Briscoe, MD		
11:00am-11:20am	Exercise and the Heart	Rajan Kadakia, MD
Questions & Answers (10 minutes)		

11:30am-11:50pm	Plastic Surgery: The Modern Fountain of Youth	Kriti Mohan, MD
Questions & Answers (10 minutes)		
12:00pm-12:20pm	Advanced Treatment Techniques in Cancer Care	Snehal Desai, MD
Questions & Answers (10 minutes)		
Closing Remarks: Panelists and Speakers (20 minutes)		
Lunch & Vendor Booths (60 minutes)		
1:50pm-2:00pm	Trivia Punch Bowl	Rakesh Patel, MD
Session 3: Learning from the experts: Hands on Work-Shops		
Panel: Shehzad Merwat, MD; Nilesh Patel, MD; Prashant Gajwani, MD; Neeta Shukla, MD		
2:00pm-2:20pm	Beyond Doctoring: Be a Healer	Ragini Miryala, MD
Questions & Answers (5 minutes)		
2:25pm-3:25pm	Meditation for Optimizing sleep & Other Nightly Pleasures. Meditation Sound Bowls.	Radheshyam Miryala, MD Saumil Manek
Questions & Answers (10 minutes)		
Closing Remarks: Panelists and Speakers (20 minutes)		

Conference Speakers

CME CONFERENCE SPEAKERS



DIVYA REDDY

Senior Corporate Counsel
Session 1: "Innovations & Artificial Intelligence"

Divya is Senior Corporate Counsel for the Methodist Hospital System. She is responsible for directing and performing general corporate legal functions and serves as counsel for IT, Supply Chain, Revenue Cycle and for Houston Methodist's Center for Innovation. In her role as counsel for Houston Methodist, she also sits on the Medical Device/IT Security Committee, the Physician Peer Review Committee, the Corporate Business Practices Committee, and the Conflict of Interests Committee among others. Divya also provides legal counsel and guidance to internal clients on matters pertaining to contract disputes, policies and procedures, current healthcare legislation and legal implications of strategies and activities of system entities. Prior to joining Houston Methodist, Divya was in private practice where her primary area of expertise was medical malpractice defense of hospitals and physicians. Divya graduated Bachelor of Science in Political Sciences, Texas A&M University; Doctor of Jurisprudence, University of Houston Law Center.

CME CONFERENCE SPEAKERS



KYLE PRICE

Senior Vice President/Chief Executive Officer
Keynote Speaker
Session 1: "Business Of Medicine"

Kyle is the Sr. Vice President and CEO of Memorial Hermann Southeast and Pearland Hospitals and provides executive oversight for the Heart and Vascular service line across the System. Kyle has served in a variety of leadership roles for Memorial Hermann including director of imaging and oncology services, administrative director of ancillary services, and administrative director of service lines. Kyle played a key role as a member of the administrative and leadership team responsible for the development of Memorial Hermann Pearland Hospital. Kyle holds an associate degree in radiological sciences from South Arkansas College, a bachelor's and master's degree in business administration from LeTourneau University, and is a graduate of the Advisory Board Fellowship in Washington, D.C.

CME CONFERENCE SPEAKERS



RAJAN KADAKIA, MD

Interventional Cardiologist
Session 2: "Exercise and the Heart"

Rajan is the Founder and Managing Partner Southeast Cardiovascular Associates. Besides his accolades in medicine, he has accomplished innumerable athletic events, including IRONMAN, Marathons, MS 150, and many more. His passion as a cardiologist and triathlete makes his understanding of the importance of cardiovascular benefits of exercise and diet. Rajan completed his undergraduate with Magna Cum Laude Honors in Bachelor of Arts at the University of Chicago; Doctorate of Medicine, Medical College of Virginia; Internal Medicine Residency, Baylor College of Medicine; served as Chief Fellow in Cardiovascular & Interventional Fellowship, St Luke's Episcopal Hospital.

CME CONFERENCE SPEAKERS



SNEHAL DESAI, MD

Radiation Oncologist
Session 2: "Advanced Treatment Techniques in Cancer Care"

Snehal is an integral part of developing the division of Radiation & Oncology at Kelsey-Seybold Cancer Center. Desai has held positions of President, Board Member, Chair, Co-Chair, Medical Director, Assistant Professor, & Program Director of multiple national societies and divisions including Houston Chapter President of American Association of Physicians of Indian Origin. Snehal was awarded Hindu Youth Leadership Award-Hindus of Greater Houston by Congresswoman Tulsi Gabbard. Snehal completed his undergraduate with Magna Cum Laude Honors in Bachelor of Science in Math and Chemistry at the University of Houston; Doctorate of Medicine, Baylor College of Medicine; Radiation Oncology Residency & Chief Resident, Baylor College of Medicine; & additional training and fellowship in High Dose Rate Brachytherapy & Elekta - GammaKnife Training.

CME CONFERENCE SPEAKERS



KRITI MOHAN, MD

Plastic Surgeon
Session 2: "Plastic Surgery:
The Modern Fountain of Youth"

Kriti's benchmark experience in research, publications, abstracts, and presentations has earned her respect in the field. Mohan continues to innovate in the field of cosmetic surgery. She has received numerous awards and honors including Memorial Hermann Award towards International Service. Kriti completed her undergraduate at Boston College in Bachelor of Biology, summa cum laude in Cell Biology and Neuroscience, Rutgers University; Doctorate of Medicine, Baylor College of Medicine; Integrated Plastic Surgery Residency, Baylor College of Medicine.

CME CONFERENCE SPEAKERS



RAGINI MIRYALA, MD

Pediatrician
Session 3: "Beyond Doctoring:
Be a Healer"

Ragini's academic and leadership roles as Assistant Professor, Hospitalist, Site Director, Child Abuse & Health Consultant, Medical Director & Owner enforces her as an expert meditation trainer for the Heartfulness Institute and leading expert in the field. Miryala has conducted distinguished talks for numerous national societies. Ragini completed her Bachelor of Science in Biology from Trinity University in San Antonio; Doctorate of Medicine & Pediatric Residency, The University of Texas Medical Branch.

CME CONFERENCE SPEAKERS






RADHESHYAM MIRYALA, MD



Emergency Medicine
Session 3: "Meditation for Optimizing
Sleep and Other Night Time Pleasures"

Radheshyam is a medical director at Community Health 1st ER in Deer Park, a meditation trainer for the Heartfulness Institute, and founder of iHeart Nature, a natural wellness skin-care line. Radheshyam volunteers his time extensively for the Heartfulness Institute, a non-profit organization promoting the benefits of a heart-centered meditation practice. He has lectured on various wellness topics including meditation, spirituality, and yoga. Radheshyam graduated Magna Cum Laude with a Bachelor of Science in Chemical Engineering from the University of Houston; Doctorate in Medicine from the University of Texas Medical Branch at Galveston where he completed his residency and served as an Assistant Professor of Emergency Medicine for over 12 years. He later transitioned to private practice in freestanding emergency medicine. Radheshyam is passionate about the transformative power of incorporating meditation into our self-care routine.

Conference Panelists

 <p>Charles P. Mouton, MD, MS, MBA Provost and Dean of the School of Medicine</p>	<p>Dr. Mouton serves as the executive vice president, Provost and Dean of the School of Medicine at the University of Texas Medical Branch at Galveston. Prior to joining UTMB in 2017, Mouton held a number of leadership and faculty roles at Nashville's Meharry Medical College, including senior vice president for health affairs and dean of medicine from 2010 to 2014. He earned his medical degree from Howard University College of Medicine, a Master of Science in clinical epidemiology from Harvard University School of Public Health and a Master of Business Administration from Tennessee Technological University. Mouton also previously held various administrative and leadership positions at Howard University College of Medicine, the University of Texas Health Science Center at San Antonio and the University of Medicine and Dentistry of New Jersey.</p>
 <p>Stephen J. Spann, M.D., M.B.A. Founding Dean of the College of Medicine</p>	<p>Stephen J. Spann is currently Founding Dean of the new College of Medicine and Vice-President for Medical Affairs at the University of Houston. Dr. Spann has been active in the development of the specialty of Family Medicine both in the United States and abroad. He has served as a consultant to medical schools, residency programs, ministries of health, and health care delivery systems in many countries, focusing on primary care training programs and clinical practice development and implementation. A graduate of Baylor University and Baylor College of Medicine, Dr. Spann completed his residency training in Family Medicine at Duke University Medical Center, and received an M.B.A. degree from the University of Texas at Dallas.</p>
 <p>Ruth Bush, M.D., J.D., M.P.H. Associate Dean for Medical Education</p>	<p>Prior to Dr. Bush's appointment of Associate Dean for Medical Education and Professor at the University of Houston College of Medicine, she served as a tenured professor at Baylor College of Medicine in the Departments of Medicine and Surgery and also served as a tenured professor at Texas A&M College of Medicine in the Department of Surgery. She was also the deputy director of the Center for Innovations in Quality, Effectiveness and Safety at the Michael E. DeBakey Veterans Affairs Medical Center in Houston, Texas where she oversaw scientific program operations and research of 200 faculty and staff. She also holds a position in the practice of</p>

	<p>vascular surgery and teaching of residents and medical students at the Central Texas Veterans Health Care System in Temple, TX. Dr. Bush also holds a Masters in Public Health and, in addition, to being an accomplished physician and medical educator, has a law degree.</p>
 <p>David Buck, M.D., M.P.H. Associate Dean for Community Health</p>	<p>David S. Buck, M.D., M.P.H., is an Associate Dean for Community Health at the University of Houston’s College of Medicine, Clinical Professor at the UT McGovern Medical School and Professor (Adjunct) at the University of Texas School of Public Health – Houston: Management, Policy and Community Health Division and Rice University’s Department of Sociology. He was a Professor at Baylor College of Medicine's Department of Family & Community Medicine for 21 years. He began working with the underserved developing medical and dental clinics for the indigent population in Houston in 1984 after working with Mother Teresa in Calcutta, India. In 1999, he founded Healthcare for the Homeless—Houston.</p>
 <p>Donald A. Briscoe, MD FAAFP</p>	<p>Donald Briscoe, MD, is Director of the Longitudinal Primary Care Course for the University of Houston College of Medicine. Dr. Briscoe is a family physician who practices at the Lone Star Circle of Care Clinic on the UH Campus. Prior to joining the UH College of Medicine Faculty, he was both the Residency Director of the Houston Methodist Family Medicine Residency and the Chief Medical Officer of Vecino Health Centers. Dr. Briscoe earned a BA in Chemistry from the University of Virginia. Before attending medical school at the University of Virginia, he worked as a Peace Corps Volunteer in Togo, West Africa and a research assistant at George Washington University. He completed his Family Medicine residency at UPMC Shadyside Hospital in Pittsburgh, PA and his Faculty Development Fellowship at Eastern Virginia Medical School.</p>
	<p>Dr Merwat is the current Medical Director, Transplant Hepatology at the University of Texas Medical Branch. Merwat completed his Fellowship, Gastroenterology and Hepatology at the University of Texas Medical Branch Galveston, Fellowship, Hepatology and Liver Transplantation, Baylor College of Medicine Houston, and Internal Medicine Residency, University of Texas Health Sciences Center.</p>

<p>Shehzad Nawaz Merwat, MD</p>	
 <p>Paul Smith, CFP® ChFC® MSFS</p>	<p>Paul is a graduate of Texas State University with a Bachelor's Degree in Psychology. He has also completed the extensive studies necessary to earn his reputation. Paul is actively involved in the community through his volunteer work and service on Community Action Board for the Helping Hand Home for Children.</p>
 <p>Jerald Broussard</p>	<p>Managing Director & CEO of Growth Advisors Int'l, a strategy and business development firm with a focus on companies seeking to accelerate growth and/or establish a global footprint.</p>

Trivia Bowl Moderators



Richard Cunningham

Richard is a graduate of the University of Texas at Austin, with a Bachelor's Degree in Economics. He studied in Paris at the Sorbonne. Richard is actively involved in the community through his church, support groups, and the Leukemia Lymphoma Society as a survivor of CML. For more than 26 years, Richard has been helping physicians reach their goals with sincerity and integrity.



Rakesh Patel, DO

Dr. Rakesh Patel is a highly skilled board-certified endocrinologist. He has been practicing since 2003 after he started the practice and is the owner of EPC. Patel loves technology and created an EMR and is working on apps for better patient care and is very focused on reducing cost. He completed his residency and fellowship at the University of Texas Medical Branch

IDA Board Panelists



Arvind Bhimaraj, MD
Interim Chief, Division of Heart Failure
Houston Methodist Hospital



Prashant Gajwani, MD
Psychiatrist specializing in Mood
Disorders including refractory depression
Solace Psychiatry at Riverstone



Nilesh Patel, MD
Child Adolescent Psychiatrist
Optum Behavior Health



Neeta Shukla, MD
Anesthesiologist
Memorial Hermann Hospital, Woodlands
Certified Yoga Instructor

Event Menu

Continental Breakfast

Serve Time: 7:30 AM to 9:40 AM
Fresh Breakfast Bakeries with Butter and Jam
Assorted Fruit Yogurts
Sliced Fresh Fruit
Hard Boiled Eggs
Fresh Chilled Orange Juice
Assorted Soft Drinks
Mineral Waters
Coffee, Decaffeinated Coffee, and Hot Tea

Mid-Morning Break

Assorted Snack Bars and Whole Fresh Fruits
Savory Culinary Treat

Custom Vegetarian Lunch Buffet

Serve Time: 12:20 PM to 1:20 PM

Asian Mixed Salad

Sweet Lettuces, Julienned Vegetables, Cashews, Mandarin Oranges
Crispy Wonton, Miso Vinaigrette

Fried Tofu and Roasted Sweet Potato

Spicy Garlic Vinaigrette

Grilled All Natural Chicken

Spaghetti Squash, Tomato, Kale, Pepper

Vegetarian Bread Pudding

Spinach, Zucchini, Mushroom

Byaldi

Provençal Tomato, Eggplant, Yellow Squash, Caramelized Onion

Orzo Pasta

Escarole, Broccoli, Tomato a la Monachina, Pine Nut, Olive Oil

Warm Vegetable Couscous

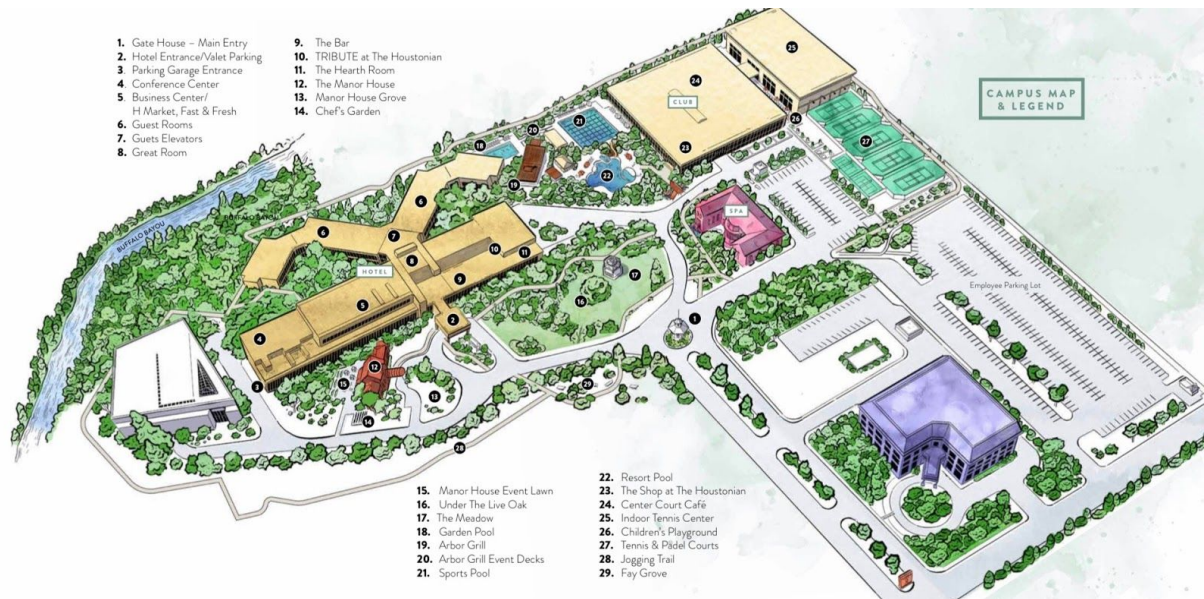
Singapore Style Rice Noodles

Afternoon Refreshments

Serve Time: 2:00 PM to 4:00 PM

Chocolate Chip Cookies, Lemon Cookies, and Snickerdoodle Cookies
Vegetarian Quesadillas with House Salsa
Houstonian Bar Mix
Whole Fresh Fruit
Flavored Iced Tea
Assorted Soft Drinks
Mineral Waters
Coffee, Decaffeinated Coffee, and Hot Tea

Venue Map and Parking Information



Parking Prices:

<i>Short term self parking:</i>	<i>complimentary</i>
<i>Short term valet parking:</i>	<i>\$18.00 per car (tax included)</i>
<i>Overnight self parking:</i>	<i>\$16.00 per day + tax</i>
<i>Overnight valet parking:</i>	<i>\$29.00 per day + tax (with in/out privileges)</i>

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Indian Doctors Association

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