



Indian Doctors Association

Greater Houston

April 2022 Edition

President's Message

Greetings every one... Happy Spring!

Spring was full of fun and frolic. We celebrated our annual picnic on April 23rd at Bellaire Zindlers Park. We all had a good time at the picnic. It was nice to see old friends and enthusiastic new members to our growing IDA family. We convey heartfelt thanks to our sponsors Amir Dodhiya and Shan Aggarwal for supporting IDA.

Now we are looking forward to regrouping in Woodlands at Crown Plaza resort on May 14. Please register early with your friends and families and participate in large numbers. With COVID looming in the background we will take utmost care to follow the CDC guidelines and encourage everyone to get boosted.

See you all there.



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<https://www.linkedin.com/in/indian-doctor-s-association-houston-0506a21a/>

*Atasu Nayak, MD
President*

IDA Woodlands Mixer



Indian Doctors Association
Greater Houston

IDA Woodlands Mixer

May 14, 2022 (Saturday 5 pm-10 pm)

Venue: Crowne Plaza Shenandoah/The Woodlands Area
19333 David Memorial Drive, Shenandoah, TX 77385

An evening of networking, dinner, dance and music.
Overnight accommodations are provided in the hotel
for a discounted price with free breakfast

Code: IDA
Singer: Salil Bhadekar
Food: Chef Jassi from Kahani

Sponsored by:



IDAHouston.org



[Register Here](http://IDAHouston.org)

MEMBERS CORNER



*Annual Member
Anuranjita Nayak, MD*

Anuranjita hails from Odisha, after completing her MBBS and MD (Pediatrics) joined the workforce for five years as a pediatric specialist at Escorts Hearts, Indraprastha Appollo, and LNJP-Moulana Azad Medical College in Delhi before relocating to the US.

She is currently an Assistant Professor – Department of Neurology and Department of Pediatrics at Baylor College of Medicine and practices as an Epileptologist at Texas Children's Hospital in Texas Medical Center. She is part of the Neuro Critical Care, Epilepsy Monitoring Unit, and Epilepsy surgery team at TCH over the past 8 years. She holds Board Certifications in Pediatrics, Neurology, Clinical Neurophysiology, and Epilepsy and is a

Fellow of the American Academy of Pediatrics.

She lives with her husband; a management consultant & entrepreneur, and Rudra – pet Golden Retriever. Her only daughter is a biomedical engineering undergrad student at Case Western Reserve in Cleveland, Ohio.

Anu is deeply involved in promoting Indian culture through Indian Classical Dance & Music (Odissi style) in the USA. She is a founder director of a Texas 503.c.3 non-profit organization called Odissi Academy operating out of Houston for the past 7 years. In her free time, Anu enjoys gardening, cooking, stitching, and writing poetry. Anu is excited to be part of the Indian Doctors Association in Houston.

MEMBERS CORNER



Annual Member
Indira U. Vadlamani, MD

Dr. Indira Vadlamani, originally hails from Hyderabad, India. She is a board-certified surgical pathologist with a specialty interest in breast and gynecological pathology. Although not originally a Texan, Dr. Vadlamani has been a proud Midwesterner since 2000. She has recently moved to Houston, TX and taken on the mantle of being a proud Texan to provide care and serve as the Medical Director for Pathology at the Woman's Hospital of Texas, in the Texas Medical Center.

Dr. Vadlamani attended Kakatiya medical college in Warangal, India (1989) and completed her residency training in

Anatomic/ Clinical Pathology at Saint-Louis University in Pathology. She continued on to complete Advanced Surgical Pathology fellowship at the Washington University School of Medicine. After her fellowship she worked in Kansas City, Missouri for 16 years from which she most recently hails (Go Chiefs!).

Dr. Vadlamani was the first colored woman to serve as the Medical Staff President at Saint Joseph Medical Center in Kansas City, MO, and has been a laboratory medical director for various hospital campuses for over 13 years. Through her decades of practice, Dr. Vadlamani is as much a logistician as she is an empath. She enjoys collaborating with physicians of all specialties and is passionate about her field. While in Kansas City, she was a member of the AAPI- GKC where she served on the board organizing many events including the Health Fair, GALA as well as several picnics.

In her free time, Dr. Vadlamani has a loving husband of nearly thirty years, Subba, and two adult children, Shweta and Anirudh. She enjoys spending time with her family, travelling, cooking, Indian music (both Carnatic and light), cooking and Golf.

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In her free time, Dr. Vadlamani has a loving husband of nearly thirty years, Subba, and two adult children. She enjoys spending time with her family, travelling, cooking, Indian music (both Carnatic and light), cooking and golfing.

Indira U. Vadlamani, MD, FCAP, CPE
Laboratory Medical Director and Chair
The Woman's Hospital of Texas

Forward Pathology Solutions, HCA
Physician Services Group
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Cell: (913)575.3114

IDA Family Picnic Pictures



[Click Here](#)

India Ministry of Culture: Hawa Mahal



One of the most ethereal sights in Jaipur is the architectural marvel of Jal Mahal, which is standing right at the centre of the Man Sagar Lake. Conceptualised as a hunting lodge by Maharaja Madho Singh I and restored by Jai Singh II in 1734, it is built

according to a blend of Rajput and Mughal aesthetics, with pink sandstone. The sandstone paints a vivid image against the blue backdrop of the water and the distant rolling hills. The palace is a five-storeyed building and about four storeys stay immersed when the lake is full. At night, bathed in dreamy lights, the palace seems as if it's floating in the lake's water. In the vicinity of the palace is the gorgeous Chameli Bagh, which is a paradise for birdwatchers. Some of the avifauna one can spot here includes pochard, coot, flamingo and kestrel.

For more information, [click here](#).



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IDA Physician Specialty Awareness Videos



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