



Indian Doctors Association

Greater Houston

August 2020 Edition

President's Message

IDA continues to emphasize the most impactful way to improve our community is to spend time investing in the next generation and shaping our youth through mentorship, life choices, and scholarships.

In July, IDA & CEO Taseer Badar partnered together at the USSSA Elite 32 World Series at the Space Coast Complex in Melbourne/Viera, Florida. ZT Baseball provides opportunities and exposure for players, while competing at the highest level, instilling discipline, teamwork, sportsmanship and honesty. All the children were provided sports bags, hand sanitizers, hot & cold packs, and first aid safety kits.



IDA's scholarships are intended to support our senior high school students and are primarily based on academic performance, community services, research, leadership roles, and economic hardship. Dr Manish Gandhi & Dr Apurva Pancholy lead the scholarship committee with a thorough review process of innumerable talented applicants with objective score cards. Our fundraising campaign on May 31st 2019 Family Game Night and October 12, 2019 Ferrari Wine & Cars Fundraiser provided three additional scholarships in 2020 to our college bound high school seniors.



I congratulate the 2020 IDA scholars: Elizabeth Ogolo, Mario E. DePavia, Malay Shah, Mehul Mittal, Riya Patel, & Shivani Lotlikar!

COVID-19 Physician Resources

Webinar Series Partnerships in Association with IACCGH

July 22, 2020: [The Resilience of India-US Relations](#)

United States Department of Health and
Human Services:
**COVID-19 Community-Based Testing
Sites**

TMB: COVID-19 Treatments

Texas Medical Board Press Release

FOR IMMEDIATE RELEASE

July 31, 2020

Media contact: Jarrett Schneider, 512-305-7018
Customer service: 512-305-7030 or 800-248-4062

TMB Statement Regarding COVID-19 Treatments

The Texas Medical Board is aware of sometimes conflicting information being published regarding COVID-19. In the past week there was a widely published claim of a "cure" for COVID-19. As we are all aware the medical community is still learning, researching and gaining understanding of the virus. While there are drugs and therapies being used to treat COVID-19, there is no definitive cure at this time.

Both patients and physicians have a right to decide what treatment may be used for COVID-19. The Board does not issue endorsements of the use of any specific drugs or treatments for COVID-19, but any treatment decision must be made with full, proper and accurate disclosure by a physician.

Physicians should refer to laws and Board rules, including those for complementary and alternative medicine, when considering potential treatments and medical decisions regarding COVID-19. A physician must provide full disclosure of treatment options, side effects, obtain informed consent, and there cannot be false, misleading or deceptive advertising or statements made regarding any therapies, including a cure for COVID-19.

If the Board were to receive a complaint, it would be reviewed following the Board's standard enforcement process, and may include a standard of care review by outside third-party physician experts if the matter involves the treatment of a patient. The Board may also investigate complaints for false, misleading or deceptive advertising, which could include for assuring a permanent cure for an incurable disease.

TMB will continue to provide any updates on COVID-19 issues on the TMB website at www.tmb.state.tx.us/page/coronavirus.

For the latest COVID-19 information for health providers and the public, visit the Department of State Health Services (DSHS) COVID-19 web page at dshs.texas.gov/coronavirus/.

IDA Physician Specialty awareness videos:




<https://www.facebook.com/idahouston15>
<https://www.instagram.com/houstonindian/>
<https://www.linkedin.com/in/indian-doctor-s-association-houston-0506a21a/>

I would like to thank our members and sponsors for their continued support to IDA's mission on giving back to our youth during these unparalleled times.

*Jignesh Shah, MD
President*

Houston FoodBank
CEO Brian Greene



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President/CEO
Brian Greene

July 13, 2020

Indian Doctors Association of Houston
444 FM 1959
Houston, TX 77034


Greetings:

At a time when we are all rushing to keep up with ever-changing needs in our community, I want to take a minute to slow down and tell you how sincerely grateful I am for Indian Doctors Association of Houston's donation of \$1,500.00 to the Houston Food Bank. Because of you, we are still here to serve the community. Houston Food Bank and its partners provide essential services and we will continue to do so. Hundreds of thousands of people are counting on the Food Bank and its partners now, and the need will only heighten if the COVID-19 pandemic worsens. We will remain operational, while utilizing the best available safety precautions.

Our staff is following CDC recommendations for social distancing measures and enhanced sanitation and we are encouraging all partners to employ and promote social distancing practices such as drive-through and appointment-based distributions. We are adjusting daily to meet the needs of the community and adapting our logistics and operations to help people in the safest and most effective way possible.

Thanks for your willingness to share your resources. Please know that your gift will ensure that those in need, especially our most vulnerable neighbors, have access to nutritious meals now, and in the days ahead. We know that you are experiencing this alongside of us and we hope you and your family are staying healthy. Thank you for helping us provide food for better lives.

Gratefully,



Brian Greene
President & CEO

The Houston Food Bank is a 501(c)(3) organization, eligible to receive tax-deductible donations. No goods or services were exchanged for this donation. Please keep this letter as your receipt.

MEMBERS CORNER



Annual Member
**Khursheed Banglawala,
MD**

I am a board-certified Family Medicine physician in Pearland, TX. I also have completed a fellowship in Integrative Medicine with Andrew Weil Center for Integrative Medicine.

About two years ago, I started a small private clinic in Pearland. Prior to that, I have had many years of experience working at Memorial Hermann Medical Group and at a local urgent care clinic. My desire to pursue a solo practice was to provide compassionate and more holistic care to patients in a smaller, more personal setting.

In addition to being a proud member of the Indian Doctors Association, I am also a member of the American Academy of Family Practice and the Texas Medical Association. I am part of the Memorial Hermann Physicians Network. I have affiliations with Memorial Hermann Pearland and Southeast hospitals, as well as with HCA Houston Healthcare in Pearland.

I was born in Indore, India and immigrated to New York when I was very young. Most of my upbringing and education has been in New York. I went to Hofstra University for my undergraduate education, followed by Upstate Medical University in Syracuse for my medical education. After medical school, I pursued a transitional year in medicine in New Rochelle, New York before moving to Houston with my husband. In 2006, I completed my Family Medicine residency from Memorial Family Medicine Residency program, which is part of the Memorial Hermann Healthcare System, and started practicing in the area.

I currently live in Pearland with my family. My husband and I have two children: our son will be entering high school as a freshman this Fall, while our daughter is proud to be a sophomore at UT Austin. Besides his full-time job as a project manager for a leading software company, my husband also helps me with my private practice as the IT manager and financial manager! Throughout the current difficult times with Covid 19, we have been able to sustain a thriving practice in Pearland and hope to be able to continue providing care to our community for many years.

Pearland Integrative Family Medicine Clinic
9804 Broadway Street
Pearland, TX 77584
(P) 713-412-3251

(T) 832-426-7770
Web: drbanglawala.com

MEMBERS CORNER



Annual Member
Jyothi Mamidi Juarez, MD

Dr. Jyothi Mamidi Juarez is a Board Certified Endocrinologist in solo practice (Partners in Endocrinology) with locations in Pearland and Clear Lake. She completed her medical school in San Antonio and residency and fellowship at UTMB Galveston. She completed her fellowship in 2008. She offers general endocrinology care including in office thyroid ultrasound and biopsy. She is able to offer quick appointments for her referring physicians' patients.

Partners in Endocrinology

1920 Country Place Pkwy suite 300
Pearland, TX 77584

450 W. Medical Center Blvd Suite 300
Webster, TX 77598
713-929-0043
Fax: 713-929-0044

She is a long term Houstonian and is excited to work with IDA in their endeavors. She is married to a Pediatric Emergency Room physician and has 3 children.

You may contact her via email at juarez@partnersinendo.com.

MEMBERS CORNER



Annual Member
Bidhan Das, MD

Dr. Das is a Houston-native Colon and Rectal Surgeon practicing in a private-academic hybrid setting. He is a double-boarded surgeon who has spent his entire career serving the Houston community in multiple areas throughout Houston.

As a first generation Indian American and a native Houstonian, He is highly involved in local and national philanthropic organizations and mentorship of Indian-American Youth.

Dr Das has been an Indian Doctor's Association member since 2013, and with the friendship of Dr. Jignesh Shah, has witnessed the remarkable and progressive growth of the organization with scholarships and social activities to connect doctors from the Houston area.

Dr. Bidhan Das is a Houston-native and Summa Cum Laude graduate of Rice University. After Rice, he attended Yale University School of Medicine. He completed General Surgery Residency at Harvard Medical School - Beth Israel Deaconess Medical Center.

He completed fellowship training with the Colon and Rectal Clinic of Houston.

Dr. Das primarily treats teens, adults and seniors, and provides compassionate, individualized care for each patient. He listens and helps empower patients and their families through education. His

attentiveness, friendly bedside manner, and direct access helps create trust and rapport. His passion for medical education and medical process improvement has resulted in book chapters and publications, and national and regional presentations on those subjects.

Highlighting his medical expertise on fecal incontinence, he has been featured on patient education videos and media publications such as the Houston Chronicle.

Dr. Das is a member in good standing of the American College of Surgeons, American Society of Colon and Rectal Surgeons, the Texas Medical Association, the Texas Society of Colon and Rectal Surgeons, and the Harris County Medical Society.

Before his career in medicine, Dr. Das served as both a software consultant and private equity consultant in the software industry in Boston, New York City and Houston.

Prior to focusing on surgery, Dr. Das served as a software architecture consultant as well as a research fellow for the Howard Hughes Medical Institute.

He has special interests in minimally invasive colon and rectal resection, sphincter reconstruction, pelvic floor disease, and surgical education.

He is board certified by the American Board of Surgery. He is board certified by the American Board of Colon and Rectal Surgery.

Dr. Das welcomes any members to contact him directly and would like to further foster the networking and collegiality he has enjoyed in IDA by offering his personal contact information:

Bidhan.das@gmail.com
713-907-5147

“Friends of IDA”

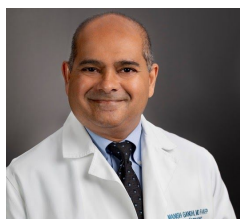


“HCA Houston Healthcare Clear Lake is honored to partner with Indian Doctors Association in support of their vision of mentoring and teaching future physicians, and of protecting the health and safety of our surrounding communities. I have been associated with the IDA for many years and applaud the great work your organization is doing!!”

-Todd Caliva
Chief Executive Officer
HCA Houston Healthcare Clear Lake

HCA  **Houston
Healthcare®**

Message from IDA’s Scholarship Committee



Dr Manish Gandhi
IDA Scholarship Committee Co-Chair
Family Medicine
Kelsey Seybold Clinic Fort Bend

We are very proud to offer the IDA scholarship which rewards and encourages excellence in students across the Houston and surrounding area. We have seen from previous winners how it really makes a

difference in financial assistance needed to attend college and develops a long term bond with the student and IDA. It is amazing to see what these students have already accomplished and will accomplish as their careers unfold!



Dr. Apurva Pancholy
IDA Scholarship Committee Co-Chair
Urogynecology
UT Physicians

IDA scholarship rewards high school seniors from the Houston metro area on their academic and other achievements. We as an organization cherish the alliance it creates with these high achievers and look forward to being part of their careers in future.

2020 IDA Scholars



Elizabeth Ogolo
High School Attended: Elsie High School
College Attending: Harvard University

The IDA scholarship will be an incredible help with my transition to college. Despite the shift from in-person lectures to online coursework and the uncertainty of the times, this scholarship grants me peace of mind to know that the financial burden of college is alleviated. I am now able to focus more on my studies and walk with my head held high knowing I am fully equipped with the necessary materials to succeed!



Mario E. DePavia
High School Attended:
Clements High School
College Attending:
Stanford University

The IDA Scholarship will help me focus on pursuing my education without having to work as much during the school year. This will allow me to spend more time studying and getting involved in campus life while giving my parents some relief from the financial burden of university tuition.



Malay Shah
High School Attended:
Hightower High School
College Attending: Baylor
University

The IDA Scholarship has greatly supported my journey in medicine by helping me attend Baylor University. At Baylor, I will be a part of the Baylor2 Medical Track Program, a combined BS/MD program that provides conditional acceptance to the Baylor College of Medicine Class of 2028. I want to thank the IDA for investing in my future and look forward to being a physician.



Mehul Mittal
High School Attended:
Dulles High School
College Attending:
Northwestern University.

The IDA scholarship will help me by providing me with the ability to continue exploring my interests in medical education. Personally, I would like to use the scholarship to continue fighting against substance abuse in local communities while also finding novel methodologies to

decrease the addictive tendencies of nicotine in electronic cigarettes and opioids



Riya Patel
High School Attended:
Pearland High School
College Attending:
University of Southern
California.

The IDA Academic Scholarship is going to be an asset in fulfilling my academic endeavors. Whether it be participating in the vast array of academic extracurriculars on campus or simply satisfying the tuition costs, the Academic Scholarship will facilitate and ease the overwhelming cost of obtaining a higher level education. I cannot wait to immerse myself in this new chapter of my life, and I thank IDA for allowing me this opportunity.



Shivani Lotlikar
High School Attended:
Carnegie Vanguard High
School
College Attending: Rice
University

I am so grateful to be a recipient of the Indian Doctor's Association scholarship. With this scholarship, I will be able to focus all my efforts on my goal of pursuing medical research.

IDA Houston

39TH ANNUAL

GALA

Connect | Inspire | Community

Evening of Touching Stories
Connecting, Inspiring, & Giving Back to our Community

SCHOLARSHIP PRESENTATION: VIP Guest: Texans

DRESS CODE

Black Tie for Men, Indian / American Formal for Women

DATE

Saturday, April 30, 2021
Cocktail Reception 5:30 - 6:30pm

VENUE

The Westin Houston Medical Center
1702 Bryden Rd Houston, TX 77055

DISCOUNTED RATE AVAILABLE FOR LIMITED RESOURCES

MYSTIC INDIA

Bollywood Dance Spectacular BY AATMA Performing Arts

KEY NOTE SPEAKER

Jeanina Hamburg, CEO

IDA's Executive Sponsor
Berkshire Hathaway

REGISTRATION

ida-houston.org

INDIVIDUAL TICKET - \$150 (limited Seating) Table of 10: \$1,500

ROOFTOP DANCE PARTY

atmgo

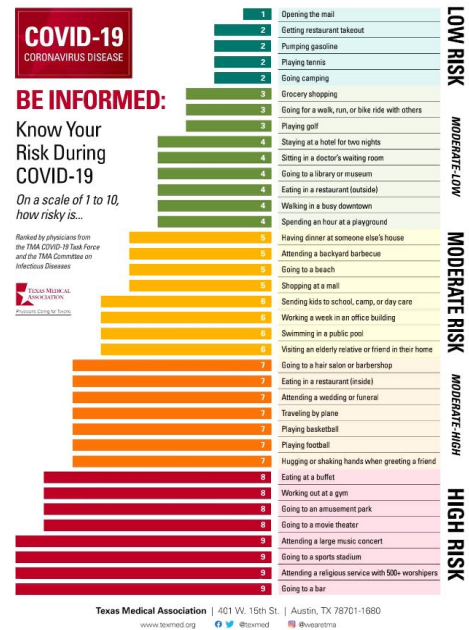
GOURMET CUISINE

Red Lobster

GALA UNDERWRITER

AIG

Due to COVID19, this year's gala has been rescheduled to April 10th, 2021.



IDA Social Media



Members and events are highlighted on our social media channels.



Contact: idahoustontx@gmail.com
 Website: www.idahouston.org
 Phone: 662.786.0313

IDA Speakers Bureau

Please update your membership profile on idahouston.org if you would be interested in becoming a motivational speaker for IDA at our future events.

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