



Indian Doctors Association

Greater Houston

August 2023 Edition

President's Message



Dear IDA Family,

Hello, everyone! I hope you're all doing well.

Our last networking mixer for IDA in August was held at Musaafer restaurant on August 10th at 6:30 pm. This was an exclusive, free event for our lifetime members, as our way of saying thank you for their support of the IDA. We had a great response to the registration, and the event was sold out a couple of weeks prior to the event date. About 55 people attended the event. There was a social hour with a talk given by Dr. Viplove Senadhi from Evoke Pharmacy, followed by dinner.

None of these events can be held without support from our sponsors. We are highly grateful to Evoke Pharmacy, Manor Pharmacy, Truist Bank, and CVRx for their support of IDA. I would like to thank Hailey MacDonald and Dr. Viplove Senadhi from Evoke Pharmacy, Vishal Patel (CEO), Daniel Raj, Siddesh Jagusthe, Robert Topacio, and Dhaval Sanghavi from Manor Pharmacy, as well as Stephanie Clay and Eric Merchant from Truist Bank, and Josh Gonzalez from CVRx.

We had several annual members and six new lifetime members sign up for IDA membership recently. I would like to welcome our new annual and lifetime members who have signed up recently and hope to see you at our upcoming events.

IDA will be organizing a networking mixer in Sugar Land in the upcoming months, followed by our Annual CME event. Please stay tuned for details.

I will sign off now. I hope to meet most of you at future IDA events. Stay cool in this terrible heat and stay safe.



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Ashima Chauhan, MD
IDA President

University of Houston Tilman J. Fertitta Family College of Medicine



Tilman J. Fertitta Family
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TILMAN J. FERTITTA FAMILY COLLEGE OF MEDICINE TO WELCOME NEW MEDICAL STUDENTS

Student Year		
M1	July 2023	60 Students
M2	July 2022	60 Students
M3	July 2021	30 Students
M4	July 2020	30 Students

Next Student Research Days (M1)
Fall 2024: Health Disparities

Match Day (M4)
March 2024

First Commencement (M4)
May 2024



DR. STEPHEN SPANN (FRONT LEFT) AND STUDENTS FROM THE TILMAN J. FERTITTA FAMILY COLLEGE OF MEDICINE BEGIN A LONG BUS RIDE TO THE CLINIC IN SANTA ANA, HONDURAS.

In April 10 students traveled to Santa Ana, a rural village in Southeastern Honduras, where they worked with a local team including a physician, dentist, nursing personnel, administrators, and translators to provide primary medical care to 180 patients in a resource-poor setting. Our medical students were actively involved in examining the patients, developing a differential diagnosis, and a treatment plan for each patient we saw in clinic. We hope to offer several opportunities each year for our medical students, both first year and upperclassmen, to enjoy learning about global health in this setting that has significant health care needs.



INTERPROFESSIONAL STUDENT TEAMS PROPOSE CREATIVE SOLUTIONS TO ADVANCE HEALTH EQUITY
From left: Cecilia Pham, Andy Castaneda, Chijoke Okeke and Guillermo Saldana

The Humana Integrated Health System Science Institute hosted its third annual Summer Health Equity Research Program (SHERP), a platform bringing students of diverse professional backgrounds to collaborate and find creative solutions to advance health equity. During the two-week program, three teams of interprofessional students from the University of Houston C.T. Bauer College of Business, Valenti School of Communication, College of Pharmacy, and the Tilman J. Fertitta Family College of Medicine, engaged in datathon sessions during which they analyzed data to examine trends in each of the topic areas to identify health equity gaps. Students then worked collaboratively to develop and pitch innovative solutions to address these gaps. Students were guided in their efforts by faculty mentors with expertise in data analytics, community-based participatory research, epidemiology, health services research and public health. The culmination of the program was a 'Shark Tank' during which the students pitched solutions to a panel of expert judges, including Dr. Tracy Angelucci from CareMessage, Dr. Sam Jacobs from Microsoft, Dr. Alison Porter from Swanson University, Dr. Darryl Shorter from Baylor College of Medicine, and Dr. Hardeep Singh, our keynote speaker from the Baylor College of Medicine.

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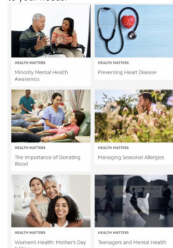


ALLIANCE WITH THE TEXAS HEART INSTITUTE,
ALLOWS UH MEDICAL STUDENTS TO JOIN A
CLINICAL ROTATION AT THE TEXAS HEART
INSTITUTE. AUGUST 2023

The alliance means valuable insights and experience with both inpatient and outpatient cardiology for UH's future doctors. "Students will have the chance to develop their skills in the diagnosis and management of cardiovascular conditions and will be taught by outstanding clinical educators," said Dr. Joseph G. Rogers, president and CEO of The Texas Heart Institute and heart failure specialist at The Texas Heart Institute Center for Cardiovascular Care, in a press release announcing the news.



Health Matters is a radio series empowering listeners to lead healthy lives, sponsored by the [Tilman J. Fertitta Family College of Medicine](#). Host and founding dean Dr. Stephen Spann, along with doctors from the medical school, provide practical health care information to the community. The mission of the College of Medicine is to address shortages of physicians in primary care and other specialties and to improve health in communities with health disparities. Please consult with your doctor or qualified health care professional for medical advice specific to your needs.



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Musafer Networking Event





Registration Now Open for the Oct 21 & 22 2023 Bike Around the Bay

Memorial Hermann is a sponsor for this event, which will help support the preservation of Galveston Bay.



The Bike Around the Bay is a one-of-a-kind opportunity to see and experience Galveston Bay on a bike, all while supporting a great local cause - the preservation of Galveston Bay for years to come.

Last year 110 of our teammates participated in the ride as part of the Memorial Hermann – Cyclic AMP team. Together we raised an astonishing \$33,783 - the second highest fundraising team for the event!!

Click Here to watch a short video showing highlights from last year's event and share with your colleagues, friends, & family.

There are multiple opportunities to take part in this year's event - no matter your cycling experience level. Participants may choose to sign up for the one-day (97.5 miles) or two-day (totaling 174.5 miles) Bike Around the Bay rides or the 20 or 43 mile Bike Around the Island routes.

To learn more about how you can support or join the Memorial Hermann – Cyclic AMP team, email MH.cyclicAMP1@memorialhermann.org or join the team on:

<https://donate.galvbay.org/event/bike-around-the-bay/e452629>

Team captains:

Dr. Jignesh Shah, Director of Medical Staff
Affairs

Dr. Jerry Thurman, Jr., Associate Vice President
of Medical Operations

Dr. Saul Torres, MHMG Regional Medical
Director

Daniel Anchondo, Director of Food and
Nutrition Services

Goals of our team is to allow awareness of PACT wellness initiatives, team building, endurance training sessions, and having a lot of fun. Please register and join the Memorial Hermann - Cyclic AMP Team: Don't miss out on this fantastic opportunity to help support a great cause and further your wellness journey.

India Ministry of Culture: Charminar



Hyderabad's iconic landmark, the 56-m-high Charminar is an imposing four-sided archway with four minarets soaring above its surrounding bustling market area. It was built in 1591 by Mohammed Quli Qutub Shah, who was the fifth king of the Qutub Shahi dynasty, to

mark the founding of Hyderabad and the end of a plague that had devastated the city.

Each side of the structure faces a cardinal direction and has a pointed arch. These arches support a gallery of archways and two floors of rooms. The square structure of the monument measures about 20 m to a side and at each corner is a minaret that rises to a height of 24 m. Each of the four minarets (leading to the structure's name Charminar or four minarets) houses 149 circular steps. The minarets stand on a lotus-leaf base, which is a recurrent motif in the Qutub Shahi style of buildings. The Charminar has been built in the Indo-Saracenic style of architecture. The materials used are granite and lime mortar.

The first floor of the monument was used as a madarasa (college) during the Qutub Shahi times. The second floor houses a mosque, which is the oldest mosque in the city, on its western side. The dome of this majestic mosque can be seen from the road from quite a distance. One can climb to the first floor for a view of the old bazaar with its labyrinthine lanes. The upper portions are not open to the public. Stucco decorations, intricate motifs, balustrades and balconies are the hallmarks of its design.

For more information, [click here](#).

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Members and events are highlighted on our social media channels.

IDA Speakers Bureau

Please update your membership profile on idahouston.org if you would be interested in becoming a motivational speaker for IDA at our future events.

IDA Physician Specialty Awareness Videos

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