



Indian Doctors Association

Greater Houston

December 2019 Edition

President's Message

IDA sustains its increasing membership benefits in the Woodlands region of greater Houston. On November 13th, IDA & Indo-American Chamber of Commerce of Greater Houston joined together for a seminar by the U.S. Small Business Administration on "How the SBA can help you grow your business." With over 50 guests in attendance at Pappasito's Cantina, networking was followed by an engaging discussion with Mark Winchester & Miguel Lopez.

IDA continues to foster the sentiment of **Giving Back** during the holiday season. We will highlight 3 key areas: **Connect, Inspire, & Community** during our December exclusive programs.

1. December 5th, Karya Kares joins IDA to provide free children lunch bags to the Steeples and Bella Vista communities in greater Houston.
2. December 7th, Private Saturday Brunch Seminar with CEO & Managing Partner of Nitya Capital, Swapnil Agrawal, at Maggiano's Little Italy on Post Oak Blvd.

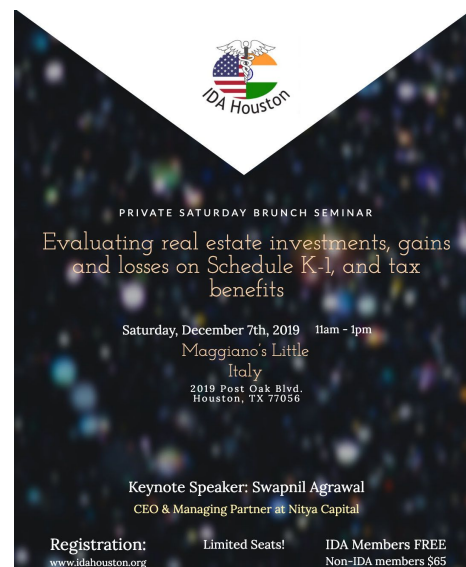
3. December 21st, "The Gift of Time" Food Drive with Pearland High School, Houston Foodbank. Go Oilers!
4. 2020 IDA Scholarship Application is now open for college-bound high school students in the greater Houston area.

Stay tuned for our Pearland ISD elementary school mentoring program, Texas Medical Center Physician Networking Mixer, and 2nd Annual CME Conference in January & February 2020.

*Jignesh Shah, MD
President*

HAVE YOU REGISTERED?

December 7th: Private Seminar Evaluating Real Estate Investments, Gains and Losses on Schedule K-1, and Tax Benefits



MEMBERS CORNER

New Annual Member

Shahid Ali, MD

I am a board-certified Gastroenterologist and Hepatologist. First did residency training in Internal Medicine from the Bronx VA program of Mount Sinai School of Medicine, New York City followed by a three-year general GI fellowship from SUNY, Upstate Medical University, New York. I also did one-year additional training in therapeutic ERCP and Endoscopic Ultrasound followed by additional one-year training in the interventional GI (therapeutics ERCP & EUS) from Pancreatic biliary division of St Luke's Medical Center, Milwaukee, Wisconsin.

Joined Gastroenterology Consultants, PA in the Clear Lake area. This is the biggest GI private practice group in Greater Houston. The current IDA President Dr. Jignesh Shah is one of the key members of the same group. I was born and raised in India. I originally hail from Lucknow, the capital city of the state of Uttar Pradesh in India. I secured a medical degree (MBBS) from King George's Medical College, Lucknow, UP, India.

I moved to Houston in 2016. Use to visit Houston while living on the East Coast, this city's diversity and its food always attracted me. Being a foodie myself, I can comfortably say, no other city can match Houston in serving varieties of Desi and Non-Desi cuisines. Many parts of the city make me feel like I am in Lucknow. Therefore, I knew that my journey from

the motherland to the homeland will end in Houston, where I am going to be living forever.

In my off time, I go out in the woods for hunting in hunting seasons. I like target shooting, spend time brushing my skills at a shooting range. My best and most relaxing time is the time when I am with my friends, going out to eat together, watch movies, shows or concerts. I like to travel with my whole family, explore new places, different cultures, and geographies. I have also started playing Golf recently albeit a long way to go.

I decided to join IDA, as it provides the best platform to meet and greet, interact with other colleagues in various medical fields from Greater Houston. IDA's involvement in Charities, medical Mission trips abroad, Medical student Scholarship, Teaching & Mentorship program caught my attention. Being an IDA member, I look forward to getting actively involved and contribute my bit in any of these IDA activities.

I live in the Clear Lake Area. I have a family of 4, my loving wife, Hina and my 3 daughters, Aliyah (13 years), Areebah (11 years) and Aaima (3 years). Look forward to meeting you all IDA events.

UPCOMING EVENTS!

The Gift of Time Volunteering Event at The Houston Foodbank December 21st



2nd Annual CME Program

February 8th, 2020

2nd Annual IDA CME Conference

Program Chair & Moderator: Jignesh Shah, MD
President of Indian Doctors Association

Welcome & Opening Remarks: Arvind Bhimaraj, MD, MPH
Interim Chief, Division of Heart Failure
Houston Methodist Hospital

Session One: Evolution of Medicine	Session Two: Hot Topics	Session Three: Learning From the Experts: Hands on Work-Shops
"Innovations & Artificial Intelligence" Divya Reddy Senior Corporate Counsel Houston Methodist Hospital	"Exercise and the Heart" Rajan Kadakia, MD Managing Partner and Founder Southeast Cardiovascular Associates	"Beyond Doctoring: Be a Healer" Ragini Miryala, MD RedSTAT Urgent Care
"Business of Medicine" Kyle Price Key Note Speaker Sr. Vice President and CEO Memorial Hermann Southeast and Pearland Hospital. Heart and vascular service line	"Plastic Surgery: The Modern Fountain of Youth" Kriti Mohan, MD Plastic Surgery Claravino Total Beauty	"Meditation for Optimizing sleep and Other Nightly Pleasures" Radheshyam Miryala, MD Community Health 1st ER
"Advanced Treatment Techniques in Cancer Care" Snehal Desai, MD Radiation Oncology Kelsey-Seybold Cancer Center		

Register: idahouston.org
IDA Members: Free, Limited Seats
Non-IDA Members: \$100
Lunch Included - business attire

Feb 8th 2020 | 9am-4pm | The Houstonian III
|North Post Oak Lane | Houston, TX 77024

This program has been approved for AMA PRA Category 1 Credits™. The Annenberg Center for Health Sciences at Eisenhower is accredited by the ACCME to provide Continuing Medical Education for physicians. A maximum of 20 contact hours may be earned for successful completion of this activity.

MARK YOUR CALENDAR!

Texas Medical Center Physician Mixer at Third Coast Restaurant

January 24, 2020



IDA Gala

May 2nd, 2020

A poster with a black background and gold confetti. At the top is a gold bow tie. Below it, the text reads: "SAVE THE DATE", "www.idahouston.org", "GALA", "Saturday, May 2, 2020", "The Westin Houston Medical Center", "1709 Dryden Rd., Houston, TX 77030", "Table of 10 = \$1500", "Individual Ticket = \$150". At the bottom, it says "DRESS CODE: GENTLEMEN: BLACK TIE - LADIES: EVENING WEAR" and "Discount rates for limited rooms."

Scholarship Application

The 2020 IDA Scholarship Application is now active on the IDA website. Submissions are due January 31st, 2020.



IDA wishes you and your family a very happy holiday season!



Pictures from the IDA + IACCGH event can be found on the IDA website.



IDA Social Media

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Members and events are highlighted on our social media channels.



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