



Indian Doctors Association

Greater Houston

December 2020 Edition

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President's Message

IDA values education, mentoring, and the philosophy of giving back. Our collaboration with the UH School Of Medicine continues to help strengthen our association's membership and long-term goals. In working with our members and various organizations, I want to reiterate the importance of paying it forward which is inherent in our association's mission for years to come.

IDA's Endowment Scholarship to UH School of Medicine will attract students of strong, ethical character who will go on to become future leaders in medicine. IDA values the diversity at the University of Houston and will continue collaborating with the College of Medicine to strengthen its ties with the Indian physician community of Greater Houston.

IDA's Partner

UH College of Medicine Update

A Carnegie-designated Tier One public research university

Despite the challenges of 2020, the UH College of Medicine has had several successes -- We have an extraordinary inaugural class, that is strongly mission-driven and diverse; we added 13 talented new faculty members and

we received external funding from the National Institutes of Health, Humana Corporation and regional foundations for interdisciplinary research studies that will improve health in our communities and make a difference in patients' lives.

In addition, we partnered on several important projects with local community organizations and agencies, involving our students, staff, and faculty. In June, our College hosted a food and toiletry distribution in Third Ward with the American Heart Association, Riverside United Methodist Church, and Humana. We delivered 117 boxes of fresh produce and toiletries to residents of Cuney Homes and Royal Palms Apartments. On October 30, the College co-hosted a Trunk-or-Treat drive-through community event for the distribution of food, toiletries and Halloween treats at the Tejano Center for Community Concerns/Raul Yzaguirre School for Success in the East End. We served 563 adults and 488 children.

Next year we plan to continue building on our successes as we move forward in building our College.

Physician Resources

UH College of Medicine:

Website: [College of Medicine - University of Houston \(uh.edu\)](https://www.collegeofmedicine.uh.edu)

Email: medicine@uh.edu

LinkedIn:

<https://www.linkedin.com/company/university-of-houston-college-of-medicine/>

Facebook:

<https://www.facebook.com/UHMedicine>

*Jignesh Shah, MD
President*

“Friends of IDA”



“The University of Houston College of Medicine is grateful for our partnership with the Houston IDA, and for the medical student scholarship that has been endowed by the Association. We look forward to appointing physician members who are interested in providing clinical teaching to our medical students to our voluntary faculty, and to their valuable contribution to our teaching mission!”

Stephen J. Spann, M.D., M.B.A.
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MEMBERS CORNER



Annual Member
Rupali Kadakia, MD

Greetings! My name is Rupali Kadakia. I am grateful to Dr. Jignesh Shah and his wife, Dharmi Shah, to invite me to be a part of the Indian Doctors Association.

I am a board-certified Family Medicine Physician. I believe that medicine is an art

of healing and each patient presents with a unique opportunity to heal.

I knew early on that I wanted to be a Family Medicine Physician, like my father, who is my role model and mentor. It was while watching him work that I learned the true meaning of empathy and compassion while caring for another individual.

I followed my dream and graduated from Mahatma Gandhi Mission’s Medical College in Mumbai. I then trained in Family Medicine at The Memorial Hermann Family Medicine residency program here in Houston.

I have practiced at the Houston Methodist Primary Care Group in Pearland, TX since 2013. I am very fortunate to practice my passion for the full scope of Family Medicine. I see patients as young as 5 years of age and my oldest patient is 95 years young. I practice evidence-based preventative medicine and also see patients with gynecological concerns. I am fortunate to have the opportunity to build long-standing relationships with my patients and their families, based on mutual trust and good clinical acumen.

Given Covid-19 and the changes in the healthcare landscape, I have rapidly incorporated telemedicine into my daily practice. I also strongly educate and encourage my patients to partner with me in bringing out their optimal health status.

I have the honor to care for multiple generations of families and my keen interest in cross-cultural psychology helps optimize patient care. I am not only their primary care physician but also their advocate.

I live in Pearland, TX with my husband, Dr. Rajan Kadakia, who is an Interventional

Cardiologist. We have two daughters, Veda (14) and Riya (11) and our precious golden-doodle Luna. Each day I strive to balance the responsibilities of medical practice, my personal life, and being a good role model for our daughters.

In my free time, I enjoy reading, volunteering in the community, gardening, walks with my dog, listening to music, traveling, and running.

I would love to connect with other IDA members to help grow the organization's vision of giving back to the community and improving patient care. I look forward to meeting you all at the next annual IDA Gala.

You can reach me at 281-485-4050 or rupalikadakia@gmail.com.

Meet Dean Spann



Stephen J. Spann, M.D., M.B.A.

Stephen J. Spann, a family physician leader, educator and researcher, is currently Founding Dean of the new College of Medicine and Vice-President for Medical Affairs at the University of Houston. Dr. Spann has dedicated his career to improving health and health care around the world by training future health care professionals, contributing to the scientific knowledge base of primary care, leading medical school faculty, physician medical groups and

hospital medical staffs, and striving to practice excellent, evidence-based family medicine.

Dr. Spann has been active in the development of the specialty of Family Medicine both in the United States and abroad. He has served as a member of the Commission on Public Health and Scientific Affairs, the Task Force on Clinical Policies, and as member and chair the Commission on Clinical Policies and Research and the Task Force to Enhance Family Practice Research, of the American Academy of Family Physicians (AAFP). He served as a member of Task Force 1, and chaired Task Force 6 of the Future of Family Medicine Project, focusing on the development of the New Model of Family Medicine practice, now known as the Patient Centered Medical Home, and the development of financial models to predict its success. He served as the lead consultant to the AAFP planning process to develop a national practice resource center to support the implementation of the New Model, resulting in the development of Transformed, a subsidiary of the AAFP. He has served as a consultant to medical schools, residency programs, ministries of health, and health care delivery systems in many countries, focusing on primary care training programs and clinical practice development and implementation.

Dr. Spann served as Chief Medical Officer of Tawam Hospital, a 460 bed tertiary care teaching facility in Al Ain, United Arab Emirates, which is managed by Johns Hopkins Medicine International, and as senior advisor on primary care and academic affairs to SEHA, the Abu Dhabi Health Services Company, from December 2012 through May 2015. Previously, he served as Professor and Chairman of the Department of Family and Community Medicine at Baylor College of Medicine in Houston, Texas from April 1997 to November 2012.

He served as Senior Vice-President and Dean of Clinical Affairs of that institution from November 2008 through September 2012. He was previously Professor and Chairman of the Department of Family Medicine at the University of Texas Medical Branch in Galveston, Texas (1990-1997), a member of the faculty and Vice-Chairman of the Department of Family Medicine at the University of Oklahoma College of Medicine (1982-1990), and a member of the voluntary clinical teaching faculty of the Department of Family Medicine, Wake Forest Bowman Gray School of Medicine (1979-1982). Prior to entering full-time academic medicine, Dr. Spann spent four years practicing rural family medicine in Arkansas and North Carolina.

A graduate of Baylor University and Baylor College of Medicine, Dr. Spann completed his residency training in Family Medicine at Duke University Medical Center, and received the M.B.A. degree from the University of Texas at Dallas. He and his wife Nancy have two married children and five grandchildren, who live in Texas.

UNIVERSITY of HOUSTON College of Medicine

Faculty Position at UH College of Medicine
Longitudinal Primary Care Course
**Exclusive to Indian Doctors Association
Members**



Donald A. Briscoe, M.D.

To: Members of the Indian Doctors Association - Greater Houston

The University of Houston College of Medicine has the mission to improve the health and healthcare of the Greater Houston area, and other areas of Texas that face physician shortages, by educating a diverse group of physicians who will provide compassionate, high value care with a focus on primary care.

One of the ways in which we plan to meet this mission is to place medical students with experienced Primary Care Physicians in the Greater Houston area in our Longitudinal Primary Care (LPC) Course. In LPC, each student will spend one half-day per week in the office of a Family Physician, General Internist or General Pediatrician. The goal of this program is both to improve the student's clinical skills and to provide exposure and mentorship in the field of Primary Care practice by experienced practicing physicians.

In order to meet this goal, The UH College of Medicine is recruiting Primary Care Physicians who would be willing to work with students on their LPC course. The attending preceptor would be responsible for the supervision of the student, would provide evaluation and feedback, and would serve as a professional role model/mentor. Students would start by shadowing/observing the physician but would then have required patient care experiences to perform which, in general, would require that the student sees one or two patients in a half-day.

Physicians who participate in this will be appointed as a Voluntary Faculty of the UH College of Medicine. This will provide, among other things, access to the University of Houston on-line library, including free access to Up To Date. Family Physicians who are certified by the ABFM may use this

experience to meet their Part IV Maintenance of Certification requirement. The UH College of Medicine will also provide faculty development and CME activities throughout the year. We will look for other opportunities to work with our Volunteer Faculty in ways that would be of benefit to the Faculty and would be open to suggestions from you on ideas that you may have.

If you are interested in participating or getting more information, please contact:

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Meet Dr. Briscoe



Donald Briscoe, MD, FAAFP, is a Clinical Associate Professor at the new University of Houston College of Medicine, where he serves as Director of the Longitudinal Primary Care course and co-director of the Transition to Clerkship and Transition to Residency courses. His clinical practice is at the Lone Star Circle of Care Clinic, and FQHC on the campus of the University of Houston. Prior to joining UH in 2019, he was the Program Director of the Houston Methodist Family Medicine Residency Program and Chief Medical Officer of the Vecino Health Centers FQHC for 13 years. He had 6 years of private practice experience in a family medicine group practice before moving to full-time academic practices. His professional activities are focused on preparing our next generation of physicians for primary care practices and on providing health care to underserved populations. He received both his Bachelor's and Medical degrees from the University of Virginia. He completed his Family Medicine Residency at Shadyside Hospital in Pittsburgh, PA. He completed a Fellowship in Academic Family Medicine at Eastern Virginia Medical School in Norfolk, VA. He has been certified by the American Board of Family Medicine for over 25 years.

IDA's Annual Gala



Due to COVID19, this year's gala has been rescheduled to April 10th, 2021.



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IDA Social Media



Members and events are highlighted on our social media channels.

IDA Physician Specialty Awareness Videos



<https://www.facebook.com/idahouston15>
<https://www.instagram.com/houstonindian/>
<https://www.linkedin.com/in/indian-doctor-s-association-houston-0506a21a/>

IDA Speakers Bureau

Please update your membership profile on idahouston.org if you would be interested in becoming a motivational speaker for IDA at our future events.
