



Indian Doctors Association

Greater Houston

December 2021 Edition

President's Message



Season's Greetings! Hopefully you all had a great Thanksgiving with your friends and family.

The Omicron variant of COVID-19 is here in Houston. It is more transmissible than the original virus and is spreading very fast in the UK, South Africa and other parts of the world. We do not know many things about this variant including severity of infection, resistance to vaccine and efficacy of polyclonal antibodies. What we know is that people who are fully vaccinated and have received a booster are less likely to be hospitalized or die from COVID 19 infections. IDA would recommend people to be completely vaccinated and to take a booster if they are eligible to receive it.

As we wrap up 2021, it is heartening to see the bright lights, festivities, sharing and caring that Christmas brings to our lives. We hope that 2022 will free us from the wrath of COVID. Till then let's all be safe when we spend time with friends and family.

We are looking forward to another fun filled New Year Mixer at the Indian Summer on January 28, 2022. It will be a great event with dinner, drinks and stand-up comedy show. Please be there!

On behalf of IDA, I wish you all happy holidays.



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*Atasu Nayak, MD
President*

MEMBERS CORNER



*Annual Member
Priya Bhosale, MD*

Priya Bhosale, M.D., is a Professor at MD Anderson Cancer Center. Her research interests are applications of new CT, MR, and PET/MR imaging techniques and contrast agents in Gynecologic and Pancreatic malignancies and to assess imaging biomarkers for treatment response.

Dr. Bhosale is a Fellow of the Society of Abdominal Radiology (SAR); and a Fellow of the Society of Computed Tomography and Magnetic Resonance Imaging (SCBT-MR). She is the Director of research in the department of Abdominal Radiology and a clinical Co-Director of the Quantitative Imaging lab (QIAC) in the division of Diagnostic Imaging. She has co-authored over 250 peer-reviewed

publications and is an Imaging Co-Chair of ACRIN ECOG.

Cardiovascular & Thoracic Surgery- Best of Winner 2021

Life Magazine



BY CHERYL ALEXANDER PHOTO BY KELLEY SWEET PHOTOGRAPHY

Dr. Uttam Tripathy, IDA Board Member and Past President, was recognized by Life Magazine. For the full article, [click here](#).

Dr. Uttam Tripathy, board-certified cardiovascular surgeon and member of the prestigious Houston Methodist DeBakey Heart Institute, has been instrumental in the monumental growth of cardiovascular surgery in Fort Bend County since 2005. "The driving forces of my work," says Dr. Tripathy, "are the satisfaction that comes from accomplishing my career goals through saving lives and limbs every day and providing compassionate care that allows my patients to get superior care closer to home."

Dr. Tripathy always knew he would be a surgeon, and his life has been dedicated to achievement in his field. He has accomplished many milestones, including being on the team that completed the first open heart surgery in Fort Bend County at the Houston Methodist Sugar Land Hospital. He also performed the first openheart surgery at Oak Bend Medical Center and the first abdominal aortic aneurysm repair in Fort Bend County.

"I pride myself in navigating complex medical cardiovascular problems," says Dr. Tripathy, "and handling them with the utmost care and sensitivity."

Other notable "first" accomplishments include:

- Minimally invasive hybrid coronary arterial revascularization resulting in a shorter hospital stay*
- Laser atherectomy for peripheral vascular disease in Fort Bend County*
- Carotid stent in Fort Bend County*
- Transcarotid arterial revascularization in Fort Bend County*
- Minimally invasive treatment for clots in legs (deep vein thrombosis) and in lungs (pulmonary embolism)*

Although a solid resume is an important cornerstone for any surgeon's practice, Dr. Tripathy works from the deep seated belief that clinical excellence comes from a passion of doing what is best for each individual patient, combined with the focus of developing a superior cardiovascular service line that comes with a large hospital like the Methodist system. "I value each patient," says Dr. Tripathy, "who trusts their life and well being in my care. Nothing is more rewarding than knowing I have helped save someone's life."

As a testament, Tripathy has received multiple awards, including the following:

- U.S. News Best Surgeons for the last 10 years (peer review process).*
- Castle Connolly Top Doctor since 2009 (an entirely merit based selection process).*
- Houston Methodist "Compassionate Doctor" and "Patient's Choice" (multiple years).*

Current technology sets Cardiovascular & Thoracic Surgery apart. Dr. Tripathy has received the "Most Technologically Innovative Surgeon" award and is currently

a principal investigator for three national trials and one international trial.

Community service and a desire to lead define Dr. Tripathy's approach. He currently teaches high school and medical school students and delivers lectures and teaches innovative techniques to colleagues. Dr. Tripathy is the former president and current board member of the Indian Doctors Association. The group offers free community clinics and provides mentoring, teaching, and scholarships to the next generation of doctors. During the COVID crisis, Dr. Tripathy generated funds and delivered lifesaving equipment and PPE to India and locally in Houston. His goal is to provide superior and compassionate leading edge care integrated with hospital systems in a team approach. In his spare time, Dr. Tripathy enjoys oil painting, photography, traveling, and spending time with his family.

Dr. Uttam Tripathy

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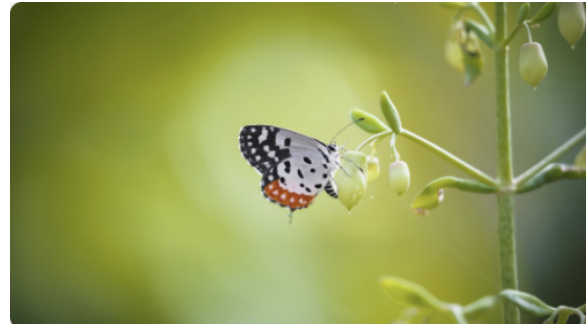
HoustonMethodist.org/Doctor/Uttam-Tripathy

Holiday Mixer Photos

[Click here!](#)



**India Ministry of Culture:
Bannerghatta National Park**



Located on the outskirts of Bengaluru, Bannerghatta National Park is one of the few places around the world where wilderness is situated in close proximity to a metro city. The best way to explore the park is by taking a jungle safari in a bus. The safari takes you through different zones that shelter animals like tigers, elephants and sloth bears. Watching white tigers relaxing in their natural habitat makes for a truly thrilling experience. The Bannerghatta Biological Park is also known for housing the first-of-its-kind butterfly park in the country. While visitors can witness some beautiful butterfly species, the park also houses a museum that gives details about the life cycle of these beautiful creatures through pictures and video guides. A part of Bannerghatta National Park, it was started in 1972. In 2002, it was separated as an independent establishment.

For more information, [click here](#).

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IDA Physician Specialty Awareness Videos



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