



**Indian Doctors Association**

**Greater Houston**

January 2023 Edition

\*\*\*\*\*

## **Past President's Message**



Greetings everyone...

Dear IDA Family...

I am truly humbled and blessed to have served as President of the Indian Doctors Association of Houston for the year 2022. I thank you all from the bottom of my heart for helping me throughout my tenure.

I am proud of the achievements we have accomplished together this year.

I am glad that we were able to get few steps closer to our goals and vision of engaging more physicians, dentists, fellows, residents and medical students.

This year IDA has hosted 5 network mixers in different suburbs of the city with great attendance and heartfelt appreciation.

We have recruited more than 75 new members to the organization.

We had 12 outstanding speakers in our CME event this year. Please continue to provide us with feedback and topics of interest for future CME.

Our IDA fund raising musical event was truly memorable, highly successful and appreciated by all. We continued the IDA tradition of organizing musical events to raise fund for Charity clinic.

Our partner Indian Doctors Charity Clinic has grown significantly since inception in 1999 and is moving to GSH center this year. We look forward to continue strengthening our partnership.

Our monthly newsletter has been well appreciated by medical fraternity.

Our collaboration with University of Texas Medical branch, University of Texas McGovern and University of Houston Medical School has been stronger year by year. We have received the support from all the major hospital systems here in Texas including HCA Health Care, Methodist Hospital, Memorial Herman Hospital and Baylor-St. Luke's Medical Center.

Our pledge to continue with 5 High School Scholarship award yearly has been well appreciated by Houston community and medical fraternity.

Free air time of IDA member on 103.5 FM with Dr. Subodh Bhuchar every first Saturday of the month has been successful. We look forward to continue this collaboration.

My heartfelt gratitude to our sponsors including underwriter ZT corporate, platinum sponsors Amir Dodhiya from Wealth Preservation and Strategies, Truist bank and HCA Health Care. My heartfelt thanks to all our patrons IACCGH, IDCC, IACF, SEWA and IAA organizations for their collaborations and commitment to our mutual growth. I want to recognize and appreciate all my board members and officers who have provided me the whole hearted support to make 2022 a huge success.

It has been an absolute honor to serve as the President of IDA 2022.

Thank you and God bless you all.



<https://www.facebook.com/idahouston15>  
<https://www.instagram.com/houstonindian/>  
<https://www.linkedin.com/in/indian-doctor-s-association-houston-0506a21a/>

Atasu Nayak, MD  
Past President 2021-2022

---

## IDA's 40th Annual Gala



For more pictures, [click here](#).

---

## India Ministry of Culture: Wokha



*Land of the Lotha Nagas, the town of Wokha is a spectacular blend of rolling mountains, rivers, lakes and pristine forests. Perched on the Wokha mountain, the highest peak in the range, the town is surrounded by popular natural landmarks like Mount Tiya, Doyang river and Totsu cliff. Located around 70 km from Kohima, Wokha offers great trekking experiences and no matter which hill you climb or which forested path you take, vibrant landscapes carpeted with colourful flowers will accompany you!*

*The history of this town dates back to 1876 when the British came here and made it the headquarters of the Naga Hills District under Assam.*

For more information, [click here](#).

---

# IDA's Year In Review



OUR FUTURE IS TO:

SERVE

EMPOWER

ACCOMPLISH

## President's Message

I am really humbled and blessed to serve as President of the Indian Doctors Association of Houston for the year 2022. I thank all of you from bottom of my heart for having helped me to get to where I am today. I truly appreciate the faith the past presidents have placed in me. Thanks to all the sacrifices, time spent and tireless effort that each and every past president, their teams and their families made to make Houston IDA the largest Indian doctor organization in Greater Houston area.

My vision was to engage more health care providers to use IDA as a platform and to make this organization memorable and enjoyable to all physicians, dentists, fellows, residents and medical students. This year, IDA has hosted 5 network mixers in different part of the city with great attendance and heartfelt appreciation. We have recruited more than 75 new members to the organization. We had 12 outstanding speakers in our CME event this year including the world famous Thoracoabdominal surgeon. Our IDA fund raising musical event was truly memorable and highly successful. Our partner Indian Doctors Charity Clinic has grown significantly since inception in 1999 and is moving to a new location this year. IDA has grown in strength every year. Our mission is to serve our community at large. We extend our strength and support to the entire medical fraternity. Our desire is to be a powerful ally of some of the most powerful Health care systems of the world, here in Houston.

The need for younger Indian origin physicians is changing. I am excited and hopeful to be able to identify, involve, build and mentor the future leaders of IDA to carry the torch forward and feel rest assured that future of IDA will be in great hands.

IDA doesn't belong to any single individual, and it shouldn't be confined or defined by any individual, as it is all of ours and it belongs to all of us. IDA is your organization, my organization and our organization. Together we serve, together we empower and together we accomplish.

Thank you and God bless you all.

IDA President 2022  
Atasu Nayak, MD





# Indian Doctors Association-Greater Houston Governing Board 2021-2022



*Pictured left to right*

Pushan Jani, MD  
Pulmonology and Critical Care

Apurva Pancholi, MD  
Obstetrics a& Gynecology

Paresh Patel, MD  
Pulmonology & Critical care

Prasun Jalal, MD  
Gastroenterology

Arvind Bhimraj, MD  
Cardiology  
Secretary

Atasu Nayak, MD  
Cardiology  
President

Jignesh Shah, MD  
Gastroenterology  
Immediate past President

Swati Joglekar, MD  
Internal Medicine & Hospitalist

Ashima Chauhan, MD  
Family Medicine & Hospitalist  
Vice President

Sangeeta Saikia, MD  
Cardiology  
Treasurer

Uttam Tripathy, MD  
CardioThoracic surgery

Manish Gandhi, MD  
Family Medicine

Nilesh Patel, MD  
Psychiatry

Absent in Picture

Prashant Gajwani, MD  
Psychiatry

Neeta Hiray, MD  
Anesthesiology  
Niral Patel, MD  
Family Medicine

Subodh Chauhan, MD  
Obstetrics & Gynecology

Vanitha Bala, MD  
Gastroenterology

Vinita Bhagia, MD  
Endocrinology

Arusha Bavare, MD  
Internal Medicine & Hospitalist

## Administration and Strategic Partners

IDA Administrator  
**Puja Shah**

Gala Event Planner  
**Electric Karma -  
Therese**



Branding, Photographer, and Videographer  
**Danny Nguyen**

Social Media Platform & Videographer  
**Mahesh Sriram**

Desi Junction



Caterers  
**Mahesh Shah**



Venue  
**Royal Sonesta**



Entertainment  
**Ronobir Lahiri  
Abby Govindan  
Shivangini Academy of Performing Arts  
Infused performing Arts**



CONNECT  
INSPIRE  
COMMUNITY



2021



2022

# CONGRATS TO OUR 2023 HIGH SCHOOL SCHOLARSHIP AWARDEES



**RHEA SINGH**



**SATHVIKA AKULA**



**NARSI CHOKSHI**



**SANIDH SHAH**



**DHRUV KUMAR**



WE THANK OUR GALA UNDERWRITERS

# ZT CORPORATE

ZT Corporate is an operationally-oriented firm of entrepreneurs dedicated to developing and growing income-producing lower-middle market companies. We create value with our business partners by investing in markets with the potential for growth.

HOUSTON  
BUSINESS JOURNAL

**LARGEST HOUSTON-AREA MINORITY-OWNED BUSINESS**  
2020 - 2022

**TOP 100 PRIVATE COMPANIES IN HOUSTON**  
2021 + 2022

HOUSTON★CHRONICLE

**TOP 10 FASTEST-GROWING MIDDLE MARKET COMPANIES**  
IN HOUSTON | 2021 + 2022



[ZTCORPORATE.COM](https://ZTCORPORATE.COM) | [INFO@ZTCORPORATE.COM](mailto:INFO@ZTCORPORATE.COM) | 713.627.2000



## Congratulations to Ashima Chauhan, IDA's 2023 President!



### IDA Social Media



Members and events are highlighted on our social media channels.

### IDA Speakers Bureau

Please update your membership profile on [idahouston.org](http://idahouston.org) if you would be interested in becoming a motivational speaker for IDA at our future events.

### IDA Physician Specialty Awareness Videos

<https://www.facebook.com/idahouston15>  
<https://www.instagram.com/houstonindian/>  
<https://www.linkedin.com/in/indian-doctor-s-association-houston-0506a21a/>



Contact: [idahoustontx@gmail.com](mailto:idahoustontx@gmail.com)  
Website: [www.idahouston.org](http://www.idahouston.org)  
Phone: 662.786.0313

IDA-Greater Houston cannot be held responsible for the content of this e-newsletter, nor can it be responsible for the consequences of the actions taken based on the information provided. We accept liability only if we have subsequently confirmed the information found in this e-newsletter in writing. Please make sure that you are the intended recipient of this e-newsletter. If you are not, please notice that disclosing, copying, distributing, or taking any action in reliance to the contents of this information is strictly prohibited.