



**Indian Doctors Association**

**Greater Houston**

July 2023 Edition

\*\*\*\*\*

## President's Message



Dear IDA Family,

Hello everyone, hope everyone is doing well and having a good summer with friends and family. And just like that, summer break for schools and colleges is almost over.

The Indian Doctors Charity Clinic held its grand opening on July 15th. The clinic runs out of Gujarati Samaj of Houston. About 100 people attended the event. The clinic is seeing patients every Saturday morning. We are very thankful for the IDA board members Dr Sangeeta Saikia, Dr Prashant Gajwani and Dr Arusha Bavare for collaborating with the Indian Doctors Charity Clinic Board and facilitating the reopening of the clinic. The clinic serves a big need in the community and IDA is proud

to be a supporter of the clinic.



Our next networking mixer for IDA in August is the Medical Center Mixer being held at Musaafer restaurant on August 10th at 6:30 pm . The flyer and Eventbrite has already been sent out for registration. I hope to see several of you at that event. This is an exclusive free event for our lifetime members as our way of saying thank you for their support of the IDA.

**Indian Doctors Association Greater Houston**  
Members Exclusive Networking Event

*Musaafer*

Location:  
5115 Westheimer Rd.  
Houston, TX 77056

Date: Thursday,  
August 10th 2023  
Timing: 6:30pm  
LifeTime Members: Free,  
Annual Members: \$100,  
Non-Members: \$150

Non-Refundable. Membership verification. Cancellation fee: \$100 for Members.

**Registration: [IDAhouston.org](http://IDAhouston.org)**

The Indo- American Chamber of Commerce of Greater Houston held their Annual Gala on July 15th and several IDA Board members attended the gala .The Chamber and IDA have partnered together and have organized several events together in the past.



IDA will be organizing a networking mixer in Sugar Land in the upcoming months followed by our Annual CME event. Please stay tuned for details.

I would like to welcome the new annual and lifetime members that have signed up recently and would hope to see you at upcoming events.

I will sign off now, I hope to meet most of you at future IDA events. Stay cool in this terrible heat and stay safe.



<https://www.facebook.com/idahouston15>

<https://www.instagram.com/houstonindian/>

<https://www.linkedin.com/in/indian-doctor-s-association-houston-0506a21a/>

*Ashima Chauhan, MD  
IDA President*

## Registration Now Open for the Oct 21 & 22 2023 Bike Around the Bay

Memorial Hermann is a sponsor for this event, which will help support the preservation of Galveston Bay.



The Bike Around the Bay is a one-of-a-kind opportunity to see and experience Galveston Bay on a bike, all while supporting a great local cause - the preservation of Galveston Bay for years to come.

Last year 110 of our teammates participated in the ride as part of the Memorial Hermann – Cyclic AMP team. Together we raised an astonishing \$33,783 - the second highest fundraising team for the event!!

Click Here to watch a short video showing highlights from last year's event and share with your colleagues, friends, & family.

There are multiple opportunities to take part in this year's event - no matter your cycling experience level. Participants may choose to sign up for the one-day (97.5 miles) or two-day (totaling 174.5 miles) Bike Around the Bay rides or the 20 or 43 mile Bike Around the Island routes.

To learn more about how you can support or join the Memorial Hermann – Cyclic AMP team, email [MH.cyclicAMP1@memorialhermann.org](mailto:MH.cyclicAMP1@memorialhermann.org) or join the team on: <https://donate.galvbay.org/event/bike-around-the-bay/e452629>

Team captains:

Dr. Jignesh Shah, Director of Medical Staff Affairs

Dr. Jerry Thurman, Jr., Associate Vice President of Medical Operations

Dr Saul Torres, MHMG Regional Medical Director

Daniel Anchondo, Director of Food and Nutrition Services

Goals of our team is to allow awareness of PACT wellness initiatives, team building, endurance training sessions, and having a lot of fun. Please register and join the Memorial Hermann - Cyclic AMP Team: Don't miss out on this fantastic opportunity to help support a great cause and further your wellness journey.

---

## India Ministry of Culture: Birla Mandir



*Constructed with white marble from Rajasthan, the spectacular Birla Mandir sits on a hillock called Kala Pahad, overlooking the Hussain Sagar Lake. Built in 1976, it is dedicated to Lord Vishnu in the form of Sri Venkateswara. The temple boasts a combination of Utkal (Odia) and South Indian styles of architecture. The South Indian style is represented by the rajagopuram (entrance gate) while the Odia style is represented by the Jagadananda Vimanam tower. Along with a temple dedicated to Lord Buddha, the Birla Mandir complex also houses shrines dedicated to Lord Shiva, Lord Ganesha, Goddess Saraswati, Lord Hanuman, Lord Brahma and Goddess Lakshmi. Offering stunning views of the city, especially at dusk, its serene atmosphere calms the mind. Lit up in the evening, it's an ethereal sight to behold.*

For more information, [click here](#).

---

## IDA Social Media



Members and events are highlighted on our social media channels.

---

## IDA Speakers Bureau

Please update your membership profile on [idahouston.org](http://idahouston.org) if you would be interested in becoming a motivational speaker for IDA at our future events.

---

## IDA Physician Specialty Awareness Videos

<https://www.facebook.com/idahouston15>  
<https://www.instagram.com/houstonindian/>  
<https://www.linkedin.com/in/indian-doctor-s-association-houston-0506a21a/>



Contact: [idahoustontx@gmail.com](mailto:idahoustontx@gmail.com)

Website: [www.idahouston.org](http://www.idahouston.org)

Phone: 662.786.0313

IDA-Greater Houston cannot be held responsible for the content of this e-newsletter, nor can it be responsible for the consequences of the actions taken based on the information provided. We accept liability only if we have subsequently confirmed the information found in this e-newsletter in writing. Please make sure that you are the intended recipient of this e-newsletter. If you are not, please notice that disclosing, copying, distributing, or taking any action in reliance to the contents of this information is strictly prohibited.