



**Indian Doctors Association**

**Greater Houston**

June 2021 Edition

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## President's Message

IDA collaborated with the Indo-American Chamber of Commerce of Greater Houston to host Physician Networking Mixer on May 6th 2021 at Pappasito's Cantina. This sold out event welcomed speakers Allen Richards and Fakhruddin Sabir who discussed FS Design Build. Physicians in the Woodlands region had the opportunity to network with one another and learn about the benefits of IDA Membership.



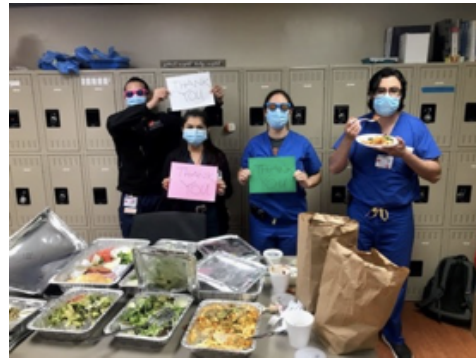
The Indo-American Charity Foundation in partnership with IDA & Indian American Nurses Association of Houston of Greater Houston hosted the [I Walk I Care Walkathon](#) supporting the local Houston Indian Doctors Charity Clinic on May 8, 2021.

This year's Walkathon was conducted in person and virtually on the PACER App at the [Lost Creek Park in Sugar Land](#).



IDA continues to help those affected by COVID-19. With the help of its members and donors, IDA has supported First Responders, Houston Food Bank, and Physician residents caring for Covid Patients since March 2020. Our members also had the opportunity to attend the free pandemic webinar series in collaboration with IACCGH and other organizations.

### [Covid-19 Response: Supporting UTMB Residents Caring for Covid Patients](#)




### [Covid-19 Response: Houston Food Bank](#)



## Covid-19 Response: First Responders: Houston Fire Department



## Pandemic Webinar Series



**IACCGH NEXGEN INITIATIVE**  
**Mental Health and Anxiety During The Pandemic**  
MONDAY, JUNE 22, 2020 6:30 PM - 7:30 PM

**Keynote Speaker**  
Dr. Shama Basford, M.D.  
American Board Certified Child, Adolescent, and Adult Psychiatry  
Chief Medical Officer/Medical Director  
New Horizon Hospital  
Clinical Director, Texas Psychiatry

**In Partnership with**  
Sewa  
IMAGH

**Panelists:**  
Tarun Anand, President  
Jagdeep Khosla, Executive Director  
Anish Nagar, Program Chair

**Visit IACCGH.com to register** You will receive a confirmation email upon registering with webinar details.  
For questions, please contact [info@iacgh.com](mailto:info@iacgh.com) or call 832-746-8372

**Indo-American Chamber Of Commerce Of Greater Houston**  
One Riverway, Suite 1700 Houston TX 77056 T: 713-624-7131 E: [info@iacgh.com](mailto:info@iacgh.com) IACCGH.COM

As India continues to experience a second wave of the pandemic, the IDA Board has come together to form a Task Force designated to assist the most devastated regions of India. This Task Force continues to work day and night to support the most vulnerable regions.

## **Houston Methodist Hospital sends medical supplies to India to help fight COVID**



[Click here to view the official news report](#)



## **IDA's Covid-19 Awareness Campaign**

<https://www.facebook.com/idahouston15>

<https://www.instagram.com/houstonindian/>

<https://www.linkedin.com/in/indian-doctors-association-houston-0506a21a/>

*Jignesh Shah, MD  
President*

## **“Friends of IDA”**



*“I am honored that Houston Methodist Willowbrook Hospital can partner with the Indian Doctors Association on such an important mission. This organization is a true embodiment of leading medicine across the world and setting an example on how organizations can work together for the betterment of all people.”*

### **Keith D. Barber, MHA**

Chief Executive Officer, Houston Methodist Willowbrook Hospital

Senior Vice President, Houston Methodist

HOUSTON  
**Methodist**<sup>®</sup>  
LEADING MEDICINE

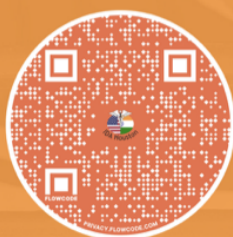
## COVID19 Relief for India

# INDIA NEEDS YOU



As many of you know, India is facing an astronomical surge of COVID19 cases. We have been working to secure oxygen concentrators, cylinders, ventilators/BIPAP/CPAP, and other supplies to be shipped to various regions in India. We need your help!

## DONATE HERE



Scan QR Code

### IDA Covid Task Force:

Dr. Jignesh Shah  
jshahmd@gmail.com

Dr. Sangeeta Saikia  
ssaikiamd@gmail.com

Dr. Paresh D. Patel  
p.patel11@yahoo.com

Dr. Swati Joglekar  
swatijog04@gmail.com

Phone: 662.786.0313 | [www.idahouston.org](http://www.idahouston.org)

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[IDA's gofundme page](#)



## IDA's Annual Gala

July 31st, 2021



We have reached capacity and as such, ticket sales are now closed. To inquire or add your name to the waiting list, please contact Dr. Jignesh Shah at [jshahmd@gmail.com](mailto:jshahmd@gmail.com)

## Westin COVID19 Safety Protocols

### WORK SAFE BEST PRACTICES

At Westin Houston Medical Center, the health and well being of our guests and associates is our highest priority! We have and will continue to implement significant cleaning and disinfecting procedures throughout the hotel. In addition to our existing, deep cleaning practices, we are leading the way for Westin and Marriott in using innovative and enhanced cleaning and disinfecting procedures.

Here's what we're doing to protect your health and peace-of-mind so you can focus on getting down to business.

Masks will be available for attendees and guests

Gloves and hand sanitizing stations will be available throughout the hotel

New front desk design allows for social distancing measures and plexiglass shields for protection

Indoor/outdoor spaces will be used as much as possible

Larger aisle ways and one-way only aisles in the trade show and appointment areas help manage traffic

Public Space Seating/Event Classroom Setups will allow for 6' space between chairs

FOB will be offered in a no-contact way (i.e. pre-packaged food, no self-serve buffets)

Large group sessions will be limited to the capacity guidelines provided by the Reopening Texas Plan

**Get in touch:**  
1709 DRYDEN ROAD, HOUSTON, TX 77030  
713.730.2400 | [SALES@THEWESTINHOUSTON.COM](mailto:SALES@THEWESTINHOUSTON.COM)

**THE WESTIN**  
HOUSTON  
MEDICAL CENTER

In order to maintain a safe gala, IDA requests that all attendees be vaccinated prior to this year's gala.

## THE WESTIN

HOUSTON  
MEDICAL CENTER

Dated: May 13<sup>th</sup>, 2021

To Whom it May Concern:

At the Westin Houston Medical Center, the health and wellbeing of our guests and associates is our highest priority. We have and will continue to implement procedures throughout the Hotel, including:

- Temperature screenings for all employees upon arrival to the property
- Health screening questionnaire to determine if any symptoms exist or exposure has taken place
- Thorough protocol if an associate is experiencing any symptoms and/or has a positive exposure
- Masks are required throughout the property by all guests and associates
- Rigorous sanitizing practices and personal health practices
- Frequent training for all associates on Marriott's Commitment to Clean Initiatives

The Hotel has encouraged all associates to take advantage of the opportunity to receive the COVID-19 vaccine.

\*Subject to change at anytime based on current CDC and Marriott International Protocols and Guidelines\*

THE WESTIN  
HOUSTON  
MEDICAL CENTER

Westin Houston Medical Center – 1709 Dryden Rd. – Houston, TX 77030 – (713) 730-2404

## Covid-19 Vaccine Scheduler & Resources:

<https://findvaccinenow.com/>

<https://vaccinefinder.org/search/>

## MEMBERS CORNER



Annual Member  
Urmeel Patel, MD

I am a board-certified Medical Oncologist and Hematologist and joined Millennium Physicians in 2018. I completed my training at Penn State Cancer Institute and have an interest in treating solid tumor malignancy, lymphoma, multiple myeloma and benign blood disorders.

My research endeavors include breast cancer, metastatic bone disease, multiple myeloma and anticoagulation. Most important to me is the relationship I build with my patients and their family so that we may work as a team to improve the patients' health and quality of life.



In addition to English, I am also fluent in Gujarati and Hindi. I am currently accepting new patients at our Cypress, Shenandoah, North Houston and Tomball locations and can see patients the same day.

I appreciate the opportunity to work with you all and to be a part of Indian Doctors Association of Houston.

**Urmeel Patel, MD**

Millennium Physicians  
27700 Northwest Freeway Suite 580  
Cypress, TX 77433  
P: 832-791-5530  
F: 832-791-5531

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## IDA's COVID-19 India Task Force Update!



IDA continues to give back to our communities and advance its vision: *"Connect, Inspire, and Community."* Our commitment to service strengthens the physician community of the Greater Houston area.

As many of you know, India is facing an astronomical surge of COVID19 cases. We have been working to secure oxygen concentrators, cylinders, ventilators, CPAP, nasal cannulas, humidifiers, filters, pulse oximeters, and other supplies including Personal Protective Equipment to be shipped to various regions in India.

We have created a Task Force which will tackle the procurement of oxygen

equipment, assist in logistics, customs, transportation, and fundraising. Together, we hope to generate exponential returns on our efforts. We will continually update you on the progress and impact of your contribution.

### **TIMELINE:**

**May 1:** COVID19 Task Force formed

**May 1:** Gofundme Page went live

**May 4:** Procured 100 sterilized auto CPAP machines

**May 5:** Procured 40 - 10L oxygen concentrators

**May 6:** Procured 50 - 5L oxygen concentrators

**May 7:** Procured 7 FDA Approved ventilators

**May 13:** Procured 32,000 pounds of Personal Protective Equipment (PPE) and Ventilators valued at 1.1 million dollars. Isolation gowns, KN95 Masks, Face Shields, Coveralls, Shoe Coverings will continue to provide protection to health care providers in more than 15 high-risk regions in India.

**May 27:** Educational Videos and Telemedicine to India's First Responders and Physicians

**May 8 – 31:** Distribution of Concentrators, Ventilators, and PPE to at high risk regions in South, North, East, and West India.



*IDA Board Preparing PPE Pallets*



*2 FedEx trucks en route with lifesaving PPE and Ventilators*

## **Houston Methodist Hospital sends medical supplies to India to help fight COVID**



[Click here to view the official news report](#)



*Houston Based Non-Profits Support IDA COVID India Task Force*



*Oxygen Concentrators, CPAP pallets, and supplies ready for shipment*



*Oxygen Concentrator Distribution: Local Non-Profit & Government Hospitals*



*Oxygen Concentrator Distribution: Manasa, Madhya Pradesh*



*Oxygen Concentrator Distribution: Gujarat*



Tested with our voltage converter. Working fine. Handing over all machines on Monday morning to Aurangabad and by evening to Solapur.

*Oxygen Concentrators undergoing biomedical testing and clearance in India*



*Oxygen Concentrator Distribution: Government Medical College and Hospital in the Aurangabad city*



*Oxygen Concentrator Distribution: Vaishampayan Memorial Government Medical College, medical college located in Solapur, Maharashtra*



*Ventilators undergoing testing*



*Oxygen Concentrator Distribution: Pediatric Hospital for Children in Goa, India*



*Ventilators arrived in Gujarat and ready for local transport*



*Local PPE Distribution to more than 15 high risk regions. Allocated to Hospitals, Clinics, First Responders, Doctors, & Nurses*





*Oxygen Concentrator Distribution: Guru Nanak Hospital Gurudwara, Shri Nanak Jhira Saheb, Bidar, Karnataka*

#### PORTABLE VENTILATOR SETUP IDA



<https://youtu.be/DbdsBo8THy4>

**IDA Educational Videos:** Courtesy of Dr Niral Patel, Dr Paresh Patel, and Pixels Multimedia

This would not be possible without the support of the Houston Methodist System, Global Medical Services, Fed-Ex, local donors, partnering non-profit charities, and associations / societies. We will have more updates soon, but until then, please continue to share [IDA's gofundme page](#) to help send more supplies! All monetary contributions will be strictly used India Covid Disaster Relief. We will continually update you on

the progress and impact of your contribution.

For questions, please reach out to anyone in **IDA's Covid – 19 India Task Force:**



Dr. Sangeeta Saikia  
[ssaikiamd@gmail.com](mailto:ssaikiamd@gmail.com)  
Cell: 832-370-9009



Dr. Paresh D. Patel  
[p.patel11@yahoo.com](mailto:p.patel11@yahoo.com)  
Cell: 713-252-1334



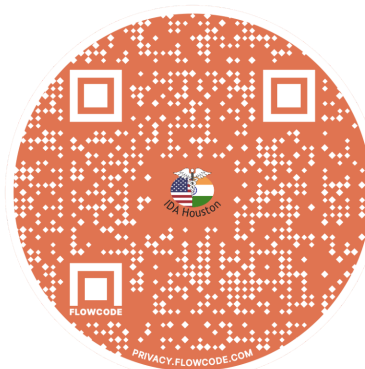
Dr. Swati Joglekar  
[swatijog04@gmail.com](mailto:swatijog04@gmail.com)  
Cell: 281-386-6101



Dr. Jignesh Shah  
[jshahmd@gmail.com](mailto:jshahmd@gmail.com)  
Cell: 732-423-0151

Donate to [IDA's gofundme page](#). All monetary contributions will be used to secure oxygen equipment and supplies which will be shipped directly to India. <https://gofund.me/5d0e8c5a>

If you would like to mail a check made out to IDA, please send it to IDA Houston, ATTN Jignesh Shah, 444 FM 1959, Houston, TX 77034.



Indian Doctors Association  
of Greater Houston

**INDIA NEEDS YOU**




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Dr. Pooja D. Patel  
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Dr. Swati Jogalekar  
swatijog04@gmail.com

Phone: 662.786.0313 | [www.idahouston.org](http://www.idahouston.org)

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Our COMMUNITY is  
about compassion.

idahouston.org  
501 (c) (3) NPO

## IDA's Family Picnic

Sunday, June 6th



**IDA PICNIC**

Networking  
Kids Activities  
Food & Drinks  
Learn about IDA Membership Benefits  
Meet IDA's Covid India Task Force with updates

DATE  
**June 6th Sunday**

TIME  
**11-2 PM**

Location  
Sugarland Memorial Park  
South Pavilion (next to the dog park)  
15300 University Blvd Sugar Land, TX 77479

RSVP  
[www.idahouston.org](http://www.idahouston.org)



## Private Sunday Brunch Seminar

Sunday, June 13th



*Private Sunday Brunch Seminar*

**"The Current State of Health Care Private Equity"**

A discussion of current trends, recent transactions and opportunities for fast growing companies.

Key note speaker: Ravi M. Ugale, MBA  
Managing Director of Private Equity Truist Wealth

Sunday | June 13th | 2021

11 AM to 1 PM  
Grotto ristorante  
4715 Westheimer Rd, Houston, TX 77027

IDA Members: Free  
Non IDA-Members: \$120  
Limited seats

Registration:  
[www.idahouston.org](http://www.idahouston.org)

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## Dr. Arusha Bavare's Blog



### A VOICE OF A MOTHER FROM INDIA TO IDA

My mother, who has been teaching all her life, is still actively practicing ObGyn at the age of 77 and contributing her services for OB COVID patients. She was troubled by India's O2 shortage and worried there was a loss of Sewa Bhavana in our generation. She was thrilled to know that she was wrong and seds loads of blessings to the IDA Doctors and contributors on this Akshaya Tritiya day (a very auspicious day)





## India Ministry of Culture: Achabal



*The former pleasure retreat of Mughal empress Nur Jahan, the springs at Achabal, gushing out of the Sonsanwar Hill, are a virtual treat for the eyes. The pristine springs are surrounded by splendid Mughal Gardens laid out in a unique Persian style. Majestic chinar trees line the garden, which is situated at the foot of a hill, around 58 km away from Srinagar. The water from the springs flows through the garden in three channels and several fountains add to the site's charm.*

*It is believed that the source of the springs is the Brengi Nallah that disappears in fissures of limestone at Dewalgam, a small village nearby. Other attractions of Achabal are its stepped terraces, conventional elegance and ornamental shrubs.*

For more information, [click here](#).

## Get your COVID Vaccine!

"Apprehension about vaccine is understandable but we got to trust the science. I received both the doses and the only side effect experienced was a sore arm for 24-36 hours."

**We can end this pandemic!"**

**Dr. Sahil Parikh**  
IDA Member  
Family Medicine  
Kelsey-Seybold, Cypress clinic  
Office: 713-442-4000

**Indian Doctors Association**  
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[www.idahouston.org](http://www.idahouston.org)

## IDA Social Media

FOLLOW US



@idahouston15



Indian Doctors Association Houston



@houstonindian



@idahouston15



@doctors\_india

Members and events are highlighted on our social media channels.



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## IDA Speakers Bureau

Please update your membership profile on [idahouston.org](http://idahouston.org) if you would be interested in becoming a motivational speaker for IDA at our future events.

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## IDA Physician Specialty Awareness Videos



<https://www.facebook.com/idahouston15>  
<https://www.instagram.com/houstonindian/>  
<https://www.linkedin.com/in/indian-doctor-s-association-houston-0506a21a/>



Contact: [idahoustontx@gmail.com](mailto:idahoustontx@gmail.com)

Website: [www.idahouston.org](http://www.idahouston.org)

Phone: 662.786.0313

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