



Indian Doctors Association

Greater Houston

June 2022 Edition

President's Message

Greetings every one!

IDA had another successful mixer at the Woodlands on May 14, 2022. More than 130 people attended the mixer. The event was blessed with soulful singing by Salil Bhadekar and MC Hemang Thakkar and excellent food by Kahani restaurant.

This month our IDA board member, Vinita Bhagia was great speaker on Radio channel 103.5. The robust discussion on Diabetes was greatly appreciated by our community. We invite and encourage our IDA members to come forward to participate in future Radio talk shows. This would be a great way to get involved with our community.

Our next event will be a CME at Houstonian on July 23rd. Texas Medical Association will provide 6hrs of Category 1 CME including 2 hrs of Ethics. Please register at the earliest as the seats are limited.

IDA has lined up exciting events over next few months including business meetings, musical show and mixers. Please visit IDA website for updates. I would like to thank each and every one of you for your enthusiastic participation.

Looking forward to seeing you soon.

Thank you and God bless you all.



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*Atasu Nayak, MD
President*

IDA's Annual CME Conference



CME
Indian Doctors Association
Date: July 23rd 2022
Venue: The Houstonian hotel
111 N Post Oak Ln, Houston, TX 77024
Time: 8 am to 4.30 pm
Total 6 hrs of CME including 2 hrs of Ethics
Breakfast and lunch are provided

Free for IDA members | \$50 for non IDA members

Indian Doctors Association
Greater Houston

IDAHouston.org

[Click here](#) to register

MEMBERS CORNER



*Lifetime Member
Arun Solipuram, MD*

I am originally from Hyderabad, India. I completed my medical schooling from Osmania medical college, 2000. I am board certified in Internal medicine and Geriatric medicine. Did my residency from UIC,

Chicago and completed my fellowship from Washington university in St. Louis, MO.

After practicing for few yrs along west coast in Oregon, I have moved to Houston in 2010 and been a proud houstonian since then. I have been to several IDA annual meetings before, and finally decided to formally join this great organization and became lifetime member of IDA recently. I hope to make new friends and meet many other physician colleagues in this beautiful city.

I have been a seasoned hospitalist since completion of my training in 2006, and have worked in various roles including being medical director of large hospitalist group at Memorial Hermann SW hospital. And, I have started my own independent private hospitalist based practice covering memorial Hermann SW and Methodist SL facilities since 2014. I love my work of being the core member of inpatient hospital based practice, along with the able support of other consultants. It's been a great honour to serve the community, especially over the past few yrs during this pandemic.

I am married to Vani, who works as an IT consultant, and blessed with 2 beautiful kids. I love traveling, playing golf, watching all Indian movies(yes mostly everything's), and spending time with my family. And I love meeting my medical school friends, and have been actively involved in organizing alumni meets of my medical school.



Vinita Bhagia

IDA Board Member

Dr. Bhagia recently spoke on Radio Station 103.5 regarding Diabetes.

Walk with a Doc



Thursday, July 14th 2022

5:00-5:30 PM

Memorial Herman Southeast Hospital

11800 Astoria Blvd.

Houston, TX 77089

(Meet at the Duck Pond)

This doctor-led group is a fun and safe place to go for a walk, learn about health, and meet new friends.

Special Ceremony: Ribbon cutting for newly renovated walking trail

Walk Your Way to Better Health.
Health Topic

MEMORIAL
HERMANN
Southeast



Dr. Jignesh P. Shah



Dr. Jerry Lee Thurman Jr.

IDA Woodlands Mixer Pictures



India Ministry of Culture: Ellora Caves



Ellora, considered the finest examples of rock-cut architecture, comprises Hindu, Buddhist and Jain caves that were chiselled between the 4th and the 9th century. Of the

34 caves, 12 are Buddhist, 17 Hindu and 5 Jain, and date back to the Rashtrakuta dynasty, about 1,500 years ago. They were declared a World Heritage Site in 1983, and are now maintained by the Archaeological Survey of India (ASI).

Buddhist Caves

Carved between the 6th and 7th century BCE, these structures are mostly viharas or monasteries. Some of these include shrines carved with images of Lord Buddha and bodhisattvas. Cave 5 is considered the most important. It consists of a long hall with two benches longer than 18 m in the centre. This cave was probably where group recitations of Buddhist sutras took place. The intricately carved Cave 10, popularly known as Vishvakarma (the architect of gods), contains a huge Buddha image in front of the stupa. It also features a rock-cut balcony. Caves 11 and 12, are known as Don Taal and Teen Taal respectively, and are quite striking. They are three-storeyed and beautifully showcase esoteric monastic Buddhist architecture.

Hindu Caves

Excavated during the rule of the Kalachuri, Chalukya and Rashtrakuta rulers, these caves are home to numerous noteworthy sculptures and contain traces of plaster suggesting that the sculptures were painted.

For more information, [click here](#).

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Members and events are
highlighted on our social media
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IDA Speakers Bureau

Please update your membership profile on idahouston.org if you would be interested in becoming a motivational speaker for IDA at our future events.

IDA Physician Specialty Awareness Videos



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Contact: idahoustontx@gmail.com

Website: www.idahouston.org

Phone: 662.786.0313

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