



Indian Doctors Association

Greater Houston

June 2023 Edition

President's Message



Dear IDA Family,

Hello everyone, hope everyone is having a great time this summer with family and friends.

There was a recent reception held for the Prime Minister of India, Mr Narendra Modi at the White House on June 22nd. Several members of the IDA including the Board Members were invited to this reception. Although I was unable to attend, I am glad that IDA was represented well in that reception.

We will be planning the next networking mixer for IDA in August, it will be the Medical Center Mixer. I hope to see several of you at that event.

Also, save the date for the IDA Annual CME, it will be held on October 21st from 8 AM to 4 PM at the Gujarati Samaj of Houston. There will be excellent speakers and free ethics CME will be provided.

The Indian Doctors Charity Clinic recently opened at the Gujarati Samaj Center. Patients are seen every Saturday morning-afternoon by volunteer physicians. There will be a sign up for volunteers that I will share soon.

I will sign off now, I hope to meet most of you at future IDA events. Have a good summer and Happy Independence Day.



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*Ashima Chauhan, MD
IDA President*



Dr Jignesh Shah, 2021 IDA President
and Puja Shah, IDA Administrative
Assistant attending the Reception for Mr
Narendra Modi, Prime Minister of India
at the White House

India Ministry of Culture: Khajjiar Hills



Situated at an altitude of 6,500 ft, Khajjiar is gifted with scenic beauty that is heightened by two serene lakes, namely the Khajjiar Lake and the Chamera Lake. The scenic grassland is located on the outskirts of Dalhousie and is widely known as the 'mini-Switzerland' of India. The entire region is covered with a thick growth of a wildflower known as vacha that gives it an almost sponge-like quality. Khajjiar is widely known for adventure tourism and is a centre for activities like zorbing, paragliding and horse riding. The area is also a starting point for treks to Chamba, Dalhousie and Kalatop Wildlife Sanctuary. These take scenic routes through the dense forests that surround Khajjiar. Khajjiar takes its name from Khajji Nag Temple, which is said to be the oldest in the state. Built around 12th century AD and located near the lake, it is believed to be one of the most revered shrines in Himachal Pradesh.

For more information, [click here](#).

Members and events are highlighted on our social media channels.

IDA Speakers Bureau

Please update your membership profile on [idahouston.org](https://www.idahouston.org) if you would be interested in becoming a motivational speaker for IDA at our future events.

IDA Physician Specialty Awareness Videos

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