

**Indian Doctors Association** 

**Greater Houston** 

March 2021 Edition

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# President's Message

As we see increasing vaccination rates, lower COVID-19 numbers, and the rollout of a third vaccine, we are eager to return to normalcy. We will continue to support our community and strengthen our membership. Over the next few months, IDA will begin to host events such as networking mixers, outdoor events, and exclusive business events for members.

The month of March also brings exciting times for the state of Texas and medical graduates across the United States as we have the TMDSAS Texas Medical School Match and NRMP Residency Match. This is a great opportunity to recognize and recruit the next generation of physicians in the Greater Houston area.

Let's all continue to advocate for vaccination, social distancing, and wearing masks to put this pandemic behind us!

Physician Covid-19 Resources: Texas Medical Center: <u>COVID-19 Update</u>

UTHealth: COVID-19 Dashboard

The Covid Tracking Project

Vaccine Rollout:

https://ourworldindata.org/covid-vaccination

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IDA's Covid-19 Awareness Campaign https://www.facebook.com/idahouston15 https://www.instagram.com/houstonindian/ https://www.linkedin.com/in/indian-doctor-s -association-houston-0506a21a/

> Jignesh Shah, MD President

# "Friends of IDA"



"BBVA USA's mission is to create opportunities for the places in which it calls home, and the Indian Doctors Association's mission is very similar. The IDA is a crucial service that has served countless people through a variety of ways, including health education promotion, and we are honored to support their continuing endeavors in our community."

Dee Hunt Wealth Management Executive BBVA Creating Opportunities

> IDA's Partner University of Houston College of Medicine Dean Spann's Newsletter



Dear UH College of Medicine Friends and Family,

Despite the COVID-19 pandemic and other immense challenges of this year, the UH College of Medicine has shown resilience, adaptability and achieved many successes, for which we are grateful.

#### Our students

We welcomed our inaugural class in July and hosted our first White Coat Ceremony (following COVID-19 safety guidelines!) in August. We have an extraordinary class that is strongly mission-driven and diverse; I am extremely proud of each one of them.

The admissions process for the second class is going well, with approximately 4000 applications to screen, and virtual interviews occurring every week. We hope to complete interviews in February 2021 and the Texas student match will occur in March.

Click here to view the newsletter

### Office of the President UH Foundation

UNIVERSITY of HOUSTON FOUNDATION	
	January 30, 2021
Indian Doctors Association of Attn: Dr. Jignesh P. Shah 444 FM 1959 Rd. Houston, TX 77034-5416	Houston
Dear Dr. Shah:	
We are pleased to send the a Indian Doctors Association of	nnual letter to you with information regarding the Houston Scholarship at the College of Medicine.
University of Houston. There a	the support provided through the endowment to the are so many exciting initiatives taking place throughout the ort of our donors all the more important.
Thank you and best wishes fo	or 2021.
	Sincerely,
	Serrefin
	Terrylin G. Neale President

### **MEMBERS CORNER**



Annual Member Rohit Dhir, MD

Hello everyone!

My name is Rohit Dhir, and I am excited for the opportunity to introduce myself and my practice to the group. Thanks to Dr. Jignesh Shah for reaching out to me. For those of you who do not know me, I am a board-certified Urological Surgeon who sees patients in the Clear Lake area. I earned both my undergraduate and medical degrees from Georgetown University during tenure in Washington, DC. I then served as chief resident during my Urological residency at the University of Texas at Houston / MD Anderson Cancer Center, in addition to completing my internship in general surgery.

I have been in private practice for 7 years now in the Houston area. In November of 2019, I founded HTX Urology and am now busier than ever. My clinical focus includes minimally-invasive surgical therapy for BPH, leading-edge Men's Health, and comprehensive kidney stone treatment and prevention strategies.

This year, HTX Urology was selected as one of only three Centers of Excellence in the greater Houston area for the UroLift System, a validated in-office procedural substitute for TURP with equivalent outcomes and much lower morbidity. I am also active in clinical research involving newer surgical techniques to treat BPH with the goal of maximizing bladder health and de-prescribing medications that carry risks of long-term toxicity. Additionally, I provide non-surgical management of erectile dysfunction using low-intensity shockwave therapy as well as testosterone replacement.

I live in the Memorial area of Houston with my wife Reena who works in commercial real estate. We love our son Aryan (2) and our old grumpy dog Robster (12) who we adopted over a decade ago. I enjoy music, finance, love a great cut of steak, and am a diehard Green Bay Packers fan (I grew up in Milwaukee, WI). I look forward to clinical collaboration and networking with you all. As you may know, there is a shortage of Urologists nationwide and it can often be difficult for your patients to wait weeks and sometimes months to be seen. It is my goal to see any new patient needing help in under one week. I offer convenient online scheduling via my website. Alternatively, do not hesitate to reach out via cell or email for help. Please see my contact information below for more details.

#### Stay safe everyone!

Rohit Dhir, MD Founder, HTX Urology <u>https://www.htxurology.com</u> rohitrdhir@gmail.com 202.425.1146 Cell | 281.946.6462 Office | 281-336-1181 Fax 600 N. Kobayashi Rd, Suite 210, Webster, TX 77598

### IDA's Annual Gala

July 31st, 2021



### **IDA Exclusive Membership**



Increasing the COVID-19 vaccination rate is crucial to help end the pandemic. Wearing masks and social distancing will help reduce exposure risk, however, it will be our continued trust in science that will end this pandemic.

IDA members have expanded their impact by sharing their COVID-19 vaccination experience. Their decision to get vaccinated shows their trust in medical science and will build confidence throughout our community.

IDA's Social Media Platform, Newsletters, and Website will continue to bring public awareness and education by promoting the safety and efficacy of vaccination with your support.

Please aid in this campaign by emailing <u>Jshahmd@gmail.com</u>

- 1. Your Name
- 2. Practice Name & Location
- 3. Office Contact Number
- 4. Specialty
- 5. Picture of you receiving the COVID-19 Vaccine
- 6. Your personal feelings on the COVID-19 Vaccine



# **IDA Speakers Bureau**

Please update your membership profile on <u>idahouston.org</u> if you would be interested in becoming a motivational speaker for IDA at our future events.

# **IDA Social Media**



Members and events are highlighted on our social media channels.

## IDA Physician Specialty Awareness Videos

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https://www.facebook.com/idahouston15 https://www.instagram.com/houstonindian/ https://www.linkedin.com/in/indian-doctor-s -association-houston-0506a21a/



#### Contact: <u>idahoustontx@gmail.com</u> Website: <u>www.idahouston.org</u> Phone: 662.786.0313

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