



Indian Doctors Association

Greater Houston

March 2021 Edition

President's Message

As we see increasing vaccination rates, lower COVID-19 numbers, and the rollout of a third vaccine, we are eager to return to normalcy. We will continue to support our community and strengthen our membership. Over the next few months, IDA will begin to host events such as networking mixers, outdoor events, and exclusive business events for members.

The month of March also brings exciting times for the state of Texas and medical graduates across the United States as we have the TMDSAS Texas Medical School Match and NRMP Residency Match. This is a great opportunity to recognize and recruit the next generation of physicians in the Greater Houston area.

Let's all continue to advocate for vaccination, social distancing, and wearing masks to put this pandemic behind us!

Physician Covid-19 Resources:

Texas Medical Center: [COVID-19 Update](#)

UTHealth: [COVID-19 Dashboard](#)

[The Covid Tracking Project](#)

Vaccine Rollout:

<https://ourworldindata.org/covid-vaccinations>



IDA's Covid-19 Awareness Campaign

<https://www.facebook.com/idahouston15>

<https://www.instagram.com/houstonindian/>

<https://www.linkedin.com/in/indian-doctors-association-houston-0506a21a/>

*Jignesh Shah, MD
President*

"Friends of IDA"



"BBVA USA's mission is to create opportunities for the places in which it calls home, and the Indian Doctors Association's mission is very similar. The IDA is a crucial service that has served countless people through a variety of ways, including health education promotion, and we are honored to support their continuing endeavors in our community."

Dee Hunt
Wealth Management Executive



IDA's Partner
University of Houston
College of Medicine
Dean Spann's Newsletter



Dear UH College of Medicine Friends and Family,

Despite the COVID-19 pandemic and other immense challenges of this year, the UH College of Medicine has shown resilience, adaptability and achieved many successes, for which we are grateful.

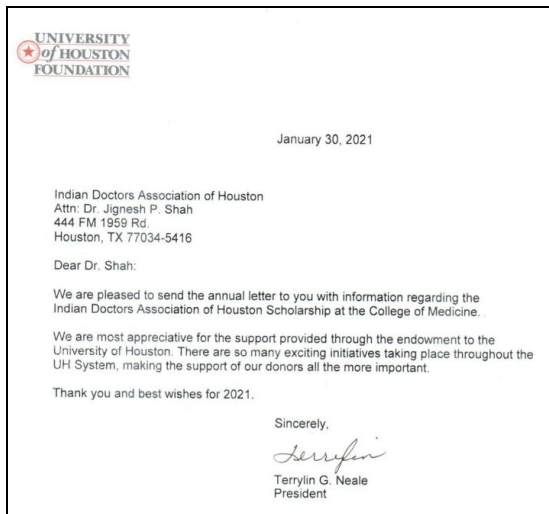
Our students

We welcomed our inaugural class in July and hosted our first White Coat Ceremony (following COVID-19 safety guidelines!) in August. We have an extraordinary class that is strongly mission-driven and diverse; I am extremely proud of each one of them.

The admissions process for the second class is going well, with approximately 4000 applications to screen, and virtual interviews occurring every week. We hope to complete interviews in February 2021 and the Texas student match will occur in March.

[Click here to view the newsletter](#)

Office of the President UH Foundation



MEMBERS CORNER



Annual Member
Rohit Dhir, MD

Hello everyone!

My name is Rohit Dhir, and I am excited for the opportunity to introduce myself and my practice to the group. Thanks to Dr. Jignesh Shah for reaching out to me.

For those of you who do not know me, I am a board-certified Urological Surgeon who sees patients in the Clear Lake area. I earned both my undergraduate and medical degrees from Georgetown University during tenure in Washington, DC. I then served as chief resident during my Urological residency at the University of Texas at Houston / MD Anderson Cancer Center, in addition to completing my internship in general surgery.

I have been in private practice for 7 years now in the Houston area. In November of 2019, I founded HTX Urology and am now busier than ever. My clinical focus includes minimally-invasive surgical therapy for BPH, leading-edge Men's Health, and comprehensive kidney stone treatment and prevention strategies.

This year, HTX Urology was selected as one of only three Centers of Excellence in the greater Houston area for the UroLift System, a validated in-office procedural substitute for TURP with equivalent outcomes and much lower morbidity. I am also active in clinical research involving newer surgical techniques to treat BPH with the goal of maximizing bladder health and de-prescribing medications that carry risks of long-term toxicity. Additionally, I provide non-surgical management of erectile dysfunction using low-intensity shockwave therapy as well as testosterone replacement.

I live in the Memorial area of Houston with my wife Reena who works in commercial real estate. We love our son Aryan (2) and our old grumpy dog Robster (12) who we adopted over a decade ago. I enjoy music, finance, love a great cut of steak, and am a diehard Green Bay Packers fan (I grew up in Milwaukee, WI).

I look forward to clinical collaboration and networking with you all. As you may know, there is a shortage of Urologists nationwide and it can often be difficult for your patients to wait weeks and sometimes months to be seen. It is my goal to see any new patient needing help in under one week. I offer convenient online scheduling via my website. Alternatively, do not hesitate to reach out via cell or email for help. Please see my contact information below for more details.

Stay safe everyone!

Rohit Dhir, MD

Founder, HTX Urology

<https://www.htxurology.com>

rohitrdhir@gmail.com

202.425.1146 Cell | 281.946.6462 Office |

281-336-1181 Fax

600 N. Kobayashi Rd, Suite 210, Webster,
TX 77598

IDA's Annual Gala

July 31st, 2021

IDA Houston
39TH ANNUAL
GALA
Connect | Inspire | Community
Evening of Touching Stories
Connecting, Inspiring, & Giving Back to our Community
SCHOLARSHIP PRESENTATION: VIP Guest: Texans
DRESS CODE
Black Tie for Men, Indian / American Formal for Women
DATE: JULY 31st, 2021
COCKTAIL RECEPTION: 5:30-6:30pm
VENUE: The Westin Houston Medical Center
1789 Dryden Rd Houston, TX 77030
DISCOUNTED RATE AVAILABLE FOR LIMITED ROOMS
"MYSTIC INDIA"
Bollywood Dance Spectacular BY AATMA Performing Arts
KEY NOTE SPEAKER: Jeanna Bamberg, CEO
MCA Houston Healthcare
REGISTRATION: idahouston.org
INDIVIDUAL TICKET - \$150 (Limited Seats) Table of 10: \$1500
ROOFTOP DANCE PARTY | GOURMET CUISINE | GALA UNDERWRITER

-85 '9I Wi gjj Y'A Ya VYfg\ Jd'

Covid 19 vaccination
"I received the first dose at 8 months pregnancy & my second right before I had my baby. We are lucky that a vaccine was able to be created so quickly by such brilliant scientists. As a medical provider I feel grateful to have had the opportunity to receive the vaccine in the first rounds and received it happily for the protection of my patients, my friends, and my family. Trust the science so we can put this pandemic in our past."
#I GOT MY COVID-19
HOUSTON Methodist LEADING MEDICINE
Rukmini (Vinaya) Rednam
IDA Member
Plastic Surgery
My Houston Surgeons
9303 Pinecroft ste 390 Woodlands, TX 77380
9230 Katy Freeway Suite 600 Houston, TX 7705
Office: 713-791-0700
Indian Doctors Association Greater Houston
CONNECT | INSPIRE | COMMUNITY
www.idahouston.org

Increasing the COVID-19 vaccination rate is crucial to help end the pandemic. Wearing masks and social distancing will help reduce exposure risk, however, it will be our continued trust in science that will end this pandemic.

IDA members have expanded their impact by sharing their COVID-19 vaccination experience. Their decision to get vaccinated shows their trust in medical science and will build confidence throughout our community.

IDA's Social Media Platform, Newsletters, and Website will continue to bring public awareness and education by promoting the safety and efficacy of vaccination with your support.

Please aid in this campaign by emailing Jshahmd@gmail.com

1. Your Name
2. Practice Name & Location
3. Office Contact Number
4. Specialty
5. Picture of you receiving the COVID-19 Vaccine
6. Your personal feelings on the COVID-19 Vaccine

