



Indian Doctors Association

Greater Houston

March 2023 Edition

President's Message



Dear IDA Family,

Time is flying by, summer is almost upon us. The IDA motto is Connect Inspire and Community. Based on that, we have a lot of exciting events coming up in the next couple of months. We plan to host a networking mixer in the Medical Center area next month. This will be followed by a dinner and networking event in the Woodlands in May. Hope to see a lot of you at these events.

IDA hosted its first event which was our annual picnic in the Sugarland Memorial Park on March 26th. Even though the day started with rain and clouds, we had a great turnout of almost 100 people. We saw a lot of new faces and gained some new members at this event. Food was catered by Indian

Summers. There was a bounce house, face painter and balloon twister for the younger kids. There was a Bollywood quiz organized by our Board Member, Dr Pushan Jani, which was played with great enthusiasm by the men and women teams. Everyone had a great time. This event would not have been possible without the support of our sponsors. I would like to thank our grand sponsor Adoniya Creations as well as the other sponsors, Polygon Physical Therapy, Mr Hari Rao and ABC Travels. I would also like to thank our photographer Danny Nguyen who captured the moments of the picnic so perfectly.

Another exciting news is that the Indian Doctors Charity Clinic will be opening again soon in May tentatively. This clinic will be housed in the Gujarati Samaj Center, it serves patients across Houston without looking at insurance or nationality. There will be a lot of opportunities to volunteer at the clinic once it opens.

As I sign off, I would like to thank everyone for their continued support of IDA, especially the board members and board officers. We can only grow as an organization when we work together. I would like to request our members to attend the various events in different parts of Houston. Thank you!



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Ashima Chauhan, MD
IDA President

IDA Family Picnic



For additional pictures, [click here](#).

A Special Thanks to our Picnic Sponsors

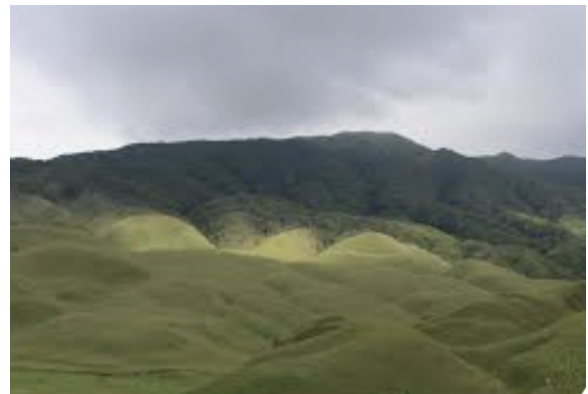


Aekta Parikh, Polygon Physical Therapy



Mr. Hari Rao

India Ministry of Culture: Wokha



Land of the Lotha Nagas, the town of Wokha is a spectacular blend of rolling mountains, rivers, lakes and pristine forests. Perched on the Wokha mountain, the highest peak in the range, the town is surrounded by popular natural landmarks like Mount Tiya, Doyang river and Totsu cliff. Located around 70 km from Kohima, Wokha offers great trekking experiences and no matter which hill you climb or which forested path you take, vibrant landscapes carpeted with colorful flowers will accompany you!

The history of this town dates back to 1876 when the British came here and made it the headquarters of the Naga Hills District under Assam. You can also experience a mix

of cultures in Wokha, including local dance and music. The main festivals celebrated are Tokhu, Pikhuchak and Emong. It's also famous for shawls, which are handmade using techniques that have been passed through generations.

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IDA Speakers Bureau

Please update your membership profile on idahouston.org if you would be interested in becoming a motivational speaker for IDA at our future events.

IDA Physician Specialty Awareness Videos

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