President’s Message

Our members have shown their resilience and continue to support our community with Covid-19 specialty and primary care awareness videos and telehealth support during unprecedented times. Our members are sharing their thoughts, diagnosis and treatment options, and ethical questions in real-world settings.

Dr Nisha Shah, MD, FACS
Ophthalmologist
Covid-19 & Eye Manifestations
Office Number / Telehealth Support: 832-499-9722

Dr Sachin Goel, MD, FACC, FSCAI
Interventional Cardiologist
Covid-19 & Cardiovascular Manifestations
Office Number / Telehealth Support: 713-441-1100

Dr Raj Ganesh, DO
Anesthesiologist
Covid -19 & Airway / Ventilator Management
Office Number / Telehealth Support: 281-348-0400, 713-320-4069

Dr Janak Patel, MD
Infectious Disease & Director of Infection Control
Covid-19 Essential Pearls
Office Number / Telehealth: 800- 917-8906

Dr Rashmi Kudesia, MD, MSc Reproductive Endocrinologist & Infertility
Covid-19 & Pregnancy Q&A Session
Office Number / Telehealth: 713-465-1211

Dr Neil Sutaria, MD
Nephrologist
Covid-19 Detection, Symptoms, Signs, & Risk Factors
Office Number / Telehealth: 281-784-9223, 281-784-9223

Dr Lavanya Palavalli Parsons, MD
Gynecologic Oncologist
Covid-19 & Oncological Surgeries
Office Number / Telehealth: 713-486-1170

Dr Ashish Nath, MD
General Surgeon
Covid-19 & Elective / Trauma Surgery Guidelines
Office Number / Telehealth: 714-677-2500

Dr Monica Patel, MD
Cardiologist
Covid-19 & Heart health, Nutrition, & Exercise
Office Number / Telehealth: 713-500-6611
COVID-19 Physician Resources
Together IDA is helping inform the public and provide our members resources to win the battle against COVID-19 through awareness videos, webinars, and partnerships with non-profit organizations.

U.S. Department of Health and Human Services (HHS):
CARES Act Provider Relief Application Guide

IDA Physician Specialty awareness videos:
https://www.facebook.com/idahouston15
https://www.instagram.com/houstonindian/
https://www.linkedin.com/in/indian-doctor-s-association-houston-0506a21a/

COVID-19 Physician Resources
Together IDA is helping inform the public and provide our members resources to win the battle against COVID-19 through awareness videos, webinars, and partnerships with non-profit organizations.

Webinar Series Partnerships in Association with IACCGH
April 30th: Power Dialogue with Consul General of India Aseem Mahajan
Click here to view the recording

April 24th: Science & Medicine, Implications For Business
Click here to view the recording

April 22nd: Power Dialogue with Senator John Cornyn
Click here to view the recording

I encourage you to check our social media sites regularly for COVID-19 updates and awareness videos. The IDA Board would like to express our gratitude to all of our physicians and healthcare professionals as we navigate through these times.

Jignesh Shah, MD
President
COVID-19 Physician Member Updates

Upcoming Events!
COVID-19 IACCGH Webinar Series: Provisions of the CARES Act

IDA’s Annual Gala New Date: August 22nd

MEMBERS CORNER

New Annual Member
Namrata Sharma Goel, MD

Dr. Namrata Sharma Goel, MD is a Board-Certified Nephrologist who practices in Greater Houston and in Sugar Land. She has been in practice for more than 10 years. Dr. Goel completed her Medical School at Ross University in 2000. She did her Internal Medicine residency in 2006 at McGovern Medical School at UTHouston in Houston. She then completed her Nephrology Fellowship at Baylor College of Medicine in 2009. Since then, she has become a partner in Kidney Health Center, a private Nephrology practice with 2 vascular
access centers in Houston. Dr. Goel has been awarded Top Nephrologist by peers, as well as Outstanding Business Leader in Healthcare by the Houston Business Journal. In addition to practicing Nephrology, she is actively involved in the local community as she provides pro bono services to underserved communities and patients, and participates in health education via health fairs, the radio, and community clinics. She also serves as an active board member of Magic Bus charity which educates and supports the underprivileged youth in India. Dr. Goel is excited to be a part of IDA as an organization which offers many opportunities to network, participate in community events, and offers educational programs. Dr. Goel lives in Sugar Land with her husband Ankur Goel, and their three children, Nikita, Nishika, and Abhay.

MEMBERS CORNER

New Annual Member
Raj Ganesh, DO

It is a pleasure and honor to be a member of IDA Houston. I am an Anesthesiologist D.O., and I have spent nearly all of my life in the Greater Houston area. The majority of our group practice resides within HCA Southeast. I have been the President of Beltway Anesthesia since 2012. Our diverse and challenging group practice includes General, adult, pediatric, cardiothoracic, regional, obstetrics, Cath Lab procedures, and even forms of mobile or office based practices. Our group and myself also have had the pleasure of working directly with Dr. J. Shah’s G.I. practice partners.

I completed my undergraduate studies here in Houston at the University of St. Thomas. My medical training took place at UNT Health Science Center (1999-2003). Residency was completed at UTMB Galveston in 2007. In addition to clinical practice, I have served as Medical Director for surgery centers, and currently on the Board of Trustees for our HCA hospital.

My goal is to continue to provide advanced, quality care with compassion, to our challenging patient population. In addition, I would like to help anesthesia groups (and facilities) transition from paper to a mobile EHR platform. I currently reside in Sugar Land, Tx. with my wife Vanessa (pediatric nurse) and our two small children. My hobbies include tennis, basketball, strength training, real estate investments, playing poker, and general community involvement. I look forward to meeting great innovators and philanthropic leaders in the IDA community and building long term relationships.
IDA welcomes & recognizes our new physicians that have joined the IDA Family!


Members and events are highlighted on our social media channels.

“Friends of IDA”
A special thanks to Pixels Multimedia and Danny Nguyen Photography for our social media & awareness video updates.

IDA Houston

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Phone: 662.786.0313

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