President’s Message

IDA continues to collaborate with organizations to support our community. Harris County Medical Society and IDA united together to bring public awareness of the safety profile of COVID-19 Vaccination. “Get the Fasts, get the Vaccine,” Awareness Campaign reinforced vaccination as a critical tool in putting this pandemic behind us. Our board will continue to advocate for the safety profiles of the vaccine.

https://www.youtube.com/watch?v=2iVex5XBX4M

The second wave of the pandemic has struck India with a devastating impact. IDA has mobilized a COVID-19 India Task Force led by Drs. Sangeeta Saikia, Paresh Patel, and Swati Joglekar. This task force will help in the procurement of Ventilators, Oxygen Concentrators, BiPAP, CPAP, Pulse Oximeters, and Oxygen Supplies, Logistics, Transportation, and Fundraising. This Task Force will work at a ground level to support the most vulnerable regions. Let us pray for India and work together to assist those in need.

IDA’s Covid-19 Awareness Campaign
https://www.facebook.com/idahouston15
https://www.instagram.com/houstonindian/
https://www.linkedin.com/in/indian-doctor-s-association-houston-0506a21a/

Jignesh Shah, MD
President

“Friends of IDA”

“The impact IDA Houston has on our community is extraordinary. From their mentorship work with students and up-and-coming physicians, to their commitment to public health efforts throughout the region, the Indian Doctor’s Association serves a critical role in advancing the health of Greater Houston.”

Erin Asprec
Executive Vice President and Chief Operating Officer
Memorial Hermann Health System
COVID19 Relief for India

INDIA NEEDS YOU

As many of you know, India is facing an astronomical surge of COVID19 cases. We have been working to secure oxygen concentrators, cylinders, ventilators/BIPAP/CPAP, and other supplies to be shipped to various regions in India. We need your help!

DONATE HERE

IDA Covid Task Force:
Dr. Jignesh Shah
jshahmd@gmail.com

Dr. Sangeeta Saikia
ssaikiamd@gmail.com

Dr. Paresh D. Patel
p.patel11@yahoo.com

Dr. Swati Joglekar
swatijog04@gmail.com

Phone: 662.786.0313  |  www.idahouston.org

CONNECT | INSPIRE | COMMUNITY

IDA’s gofundme page
We have reached capacity and as such, ticket sales are now closed. To inquire or add your name to the waiting list, please contact Dr. Jignesh Shah at jshahmd@gmail.com

Westin COVID19 Safety Protocols

In order to maintain a safe gala, IDA requests that all attendees be vaccinated prior to this year’s gala.

Covid-19 Vaccine Scheduler & Resources:
https://findvaccinenow.com/
https://vaccinefinder.org/search/

Thank you for the opportunity to introduce myself to the IDA Houston community. I am proud to be part of this great organization. I am a board-certified Orthopaedic Surgeon who specializes in Hip and Knee Replacements and managing their complications. I was born and raised in Columbus, Ohio after my parents immigrated to the US in 1977. My father recently retired from his cardiology practice and my brother is a radiologist in Columbus. I did my undergrad studies at Duke University and then returned to Ohio for medical school at The Ohio State University College of Medicine. I then moved to Chicago to do my residency at Northwestern Memorial Hospital and then a fellowship in hip and knee reconstruction at The Hospital for Special Surgery in NYC.

I moved to Houston in 2015 and joined The Fondren Orthopedic Group. I am fortunate to work with this incredible group of accomplished and talented orthopaedic surgeons. We are proud to have our home at The Texas Orthopedic Hospital. We are a full service orthopedic group happy to take same and next-day appointments. We perform more than 2,500 joint replacements annually and hundreds of revision surgeries that are referred to us from Louisiana, Mexico, and all corners of Texas. I personally take great pride in forming lasting relationships with my patients while providing them the most cutting edge joint
replacement technologies and techniques. I try to separate the marketing junk (robots, custom knee replacement, muscle sparing sound familiar?) from the important facts of joint replacement, in so setting appropriate and realistic expectations for my patients and guiding them towards success. As a specialist in hip and knee replacements and hip fractures I know my focus and dedication to this area allows me to provide an exceptional level of service to the approximately 500 patients I operate on annually. I see patients at The Texas Orthopedic Hospital, Clearlake, and in Kingwood.

In my free time I volunteer with the Arthritis Foundation and also publish in orthopaedic journals. I enjoy exercise like yoga and lifting weights and also play golf. I currently live in River Oaks and love all the delicious food there is here in Houston and the great wines that go with it. I look forward to meeting more IDA members and helping provide the best care I can to this welcoming community.

Anay Rajendra Patel, MD
Hip and Knee Replacement Surgeon
Fondren Orthopedic Group, LLP
7401 S. Main st.
Houston, tx 77030
713-794-3381

Help the COVID-19 Relief Initiative for India!

As many of you know, India is facing an astronomical surge of COVID19 cases. We have been working to secure oxygen concentrators, cylinders, ventilators/BIPAP, pulse oximeters, and other supplies to be shipped to various regions in India. We need your help!
We have created a Task Force which will tackle the procurement of oxygen equipment, assist in logistics, customs, transportation, and fundraising. None of us are as strong as all of us!

For questions, please reach out to anyone in IDA’s Covid – 19 India Task Force:

- Dr. Sangeeta Saikia
  ssaikiamd@gmail.com
  Cell: 832-370-9009

- Dr. Paresh D. Patel
  p.patel11@yahoo.com
  Cell: 713-252-1334

- Dr. Jignesh Shah
  jshahmd@gmail.com
  Cell: 732-423-0151

- Dr. Swati Joglekar
  swatijog04@gmail.com
  Cell: 281-386-6101

Donate to [IDA’s gofundme page](https://gofund.me/5d0e8c5a). All monetary contributions will be used to secure oxygen equipment and supplies which will be shipped directly to India.

If you would like to mail a check made out to IDA, please send it to IDA Houston, ATTN Jignesh Shah, 444 FM 1959, Houston, TX 77034.

*We will continually update you on the progress and impact of your contribution. Please don’t hesitate to contact our Task Force with any questions regarding our efforts.*
**UTMB Press Release**

**Indian Doctors Association of Houston Supports UTMB Residents**

**Caring for COVID-19 Patients**

Association contributed meals to acknowledge physicians’ dedication

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**GALVESTON, Texas—**In recognition of University of Texas Medical Branch at Galveston (UTMB) physicians’ dedication to caring for numerous patients infected with the coronavirus, the Indian Doctors Association of Houston (IDA) contributed meals to the beleaguered residents. Residents are physicians who recently graduated from medical school and are receiving advanced training in a specific field.

“The residents in UTMB’s Department of Internal Medicine put in long hours and faced numerous challenges related to caring for COVID-19 patients,” said Dr. Jignesh Shah, the association’s president. “We wanted to recognize their extraordinary work in saving lives by offering these meals as a token of our appreciation.”

Dr. J. Marc Shabot, vice chair of Alumni Affairs and Development in the UTMB Department of Internal Medicine, said the food provided a meaningful way to reward residents who demonstrated remarkable compassion and resolve while treating their patients. “Our residents were grateful for the meals generously provided by the Indian Doctors Association of Houston,” he said. “They perform their jobs without expecting any accolades, but skillfully handling numerous cases as part of a global pandemic certainly merits praise.”

The IDA has supported UTMB before, establishing an endowed scholarship last fall to reward talented students who are part of
the university’s South Asian Medical Student Association. The scholarship was the association’s first at an academic health science center.

Founded in 1983, the IDA is a nonprofit, networking forum for physicians of Indian origin. The association provides support for charity health care in the greater Houston area, raises funds for college scholarships benefiting high school students and offers health education in the community. IDA membership benefits include free continuing medical education events, educational seminars, mentoring programs, volunteering within and outside the United States and social networking opportunities.

India Ministry of Culture: Red Fort

Lying at the heart of Delhi, the majestic Red Fort, made of fine red sandstone, stands as a testament to the architectural legacy of the Mughals. One of the most beautiful monuments in the world, this UNESCO World Heritage Site, famous as qila-e-mubaraq, is replete with palaces, pavilions and mosques.

Built by Mughal emperor Shah Jahan as the palace fort of his capital Shahjahanabad, Red Fort is famous for its massive enclosing walls. The architecture of the fort reflects a seamless fusion of Islamic, Persian, Timurid and Hindu styles. The major attractions are the Diwan-i-khas, also known as the Shah Mahal, the Diwan-i-aam or the Hall of Public Audience and the Rang Mahal (a part of the harem), also known as Intiyaz Mahal. The other monuments here are the Naubat Khana (Drum House), where royal musicians played and announced the arrival of royal family members; the hammam (royal bath), and the Muthamman Burj, or Musaman Burj (a tower where the emperor would show himself to his subjects). Once the power of the Mughals weakened, the fort was plundered by the Persians, led by Nadir Shah, in 1739. The invaders took away much of the fort's treasures, including the opulent Peacock Throne, which Shah Jahan had crafted out of gold and gemstones (including the precious Kohinoor diamond).

For more information, click here.
IDA Social Media

Members and events are highlighted on our social media channels.

IDA Speakers Bureau
Please update your membership profile on idahouston.org if you would be interested in becoming a motivational speaker for IDA at our future events.

IDA Physician Specialty Awareness Videos

https://www.facebook.com/idahouston15
https://www.instagram.com/houstonindian/
https://www.linkedin.com/in/indian-doctor-association-houston-0506a21a/

Contact: idahoustontx@gmail.com
Website: www.idahouston.org
Phone: 662.786.0313

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