



Indian Doctors Association

Greater Houston

May 2021 Edition

President's Message

IDA continues to collaborate with organizations to support our community. Harris County Medical Society and IDA united together to bring public awareness of the safety profile of COVID-19 Vaccination. "Get the Facts, get the Vaccine," Awareness Campaign reinforced vaccination as a critical tool in putting this pandemic behind us. Our board will continue to advocate for the safety profiles of the vaccine.



<https://www.youtube.com/watch?v=2iVex5XBX4M>

The second wave of the pandemic has struck India with a devastating impact. IDA has mobilized a COVID-19 India Task Force led by Drs. Sangeeta Saikia, Paresh Patel, and Swati Joglekar. This task force will help in the procurement of Ventilators, Oxygen Concentrators, BiPAP, CPAP, Pulse Oximeters, and Oxygen Supplies, Logistics,

Transportation, and Fundraising. This Task Force will work at a ground level to support the most vulnerable regions. Let us pray for India and work together to assist those in need.



IDA's Covid-19 Awareness Campaign

<https://www.facebook.com/idahouston15>

<https://www.instagram.com/houstonindian/>

<https://www.linkedin.com/in/indian-doctor-s-association-houston-0506a21a/>

Jignesh Shah, MD
President

"Friends of IDA"



"The impact IDA Houston has on our community is extraordinary. From their mentorship work with students and up-and-coming physicians, to their commitment to public health efforts throughout the region, the Indian Doctor's Association serves a critical role in advancing the health of Greater Houston."

Erin Asprec

Executive Vice President and Chief
Operating Officer
Memorial Hermann Health System



COVID19 Relief for India

INDIA NEEDS YOU



As many of you know, India is facing an astronomical surge of COVID19 cases. We have been working to secure oxygen concentrators, cylinders, ventilators/BIPAP/CPAP, and other supplies to be shipped to various regions in India. We need your help!

DONATE HERE



Scan QR Code

IDA Covid Task Force:

Dr. Jignesh Shah
jshahmd@gmail.com

Dr. Sangeeta Saikia
ssaikiamd@gmail.com

Dr. Paresh D. Patel
p.patel11@yahoo.com

Dr. Swati Joglekar
swatijog04@gmail.com

Phone: 662.786.0313 | www.idahouston.org

CONNECT | INSPIRE | COMMUNITY

[IDA's gofundme page](#)

IDA's Annual Gala

July 31st, 2021



We have reached capacity and as such, ticket sales are now closed. To inquire or add your name to the waiting list, please contact Dr. Jignesh Shah at jshahmd@gmail.com

Westin COVID19 Safety Protocols

WORK SAFE BEST PRACTICES

At Westin Houston Medical Center, the health and well being of our guests and associates is our highest priority! We have and will continue to implement significant cleaning and disinfecting procedures throughout the hotel. In addition to our existing, deep cleaning practices, we are leading the way for Westin and Marriott in using innovative and enhanced cleaning and disinfecting procedures.

Here's what we're doing to protect your health and peace-of-mind so you can focus on getting down to business.

- Masks will be available for attendees and guests
- Gloves and hand sanitizing stations will be available throughout the hotel
- New front desk design allows for social distancing measures and plexiglass shields for protection
- Indoor/outdoor spaces will be used as much as possible
- Larger aisle ways and one-way only aisles in the trade show and appointment areas help manage traffic
- Public Space Seating/Event Classroom Setups will allow for 6' space between chairs
- FBF will be offered in a no-contact way (i.e. pre-packaged food, no self-serve buffets)
- Large group sessions will be limited to the capacity guidelines provided by the Reopening Texas Plan

Get in touch:
1709 DRYDEN ROAD HOUSTON, TX 77030
713.752.2454 | MARKOTT@WESTIN.COM
SALES@THEWESTINHOUSTON.COM

THE WESTIN
HOUSTON
MEDICAL CENTER

In order to maintain a safe gala, IDA requests that all attendees be vaccinated prior to this year's gala.

Covid-19 Vaccine Scheduler & Resources:

<https://findvaccinenow.com/>
<https://vaccinefinder.org/search/>

MEMBERS CORNER



Annual Member
Anay Patel, MD

Thank you for the opportunity to introduce myself to the IDA Houston community. I am proud to be part of this great organization. I am a board-certified Orthopaedic Surgeon who specializes in Hip and Knee Replacements and managing their complications. I was born and raised in Columbus, Ohio after my parents immigrated to the US in 1977. My father recently retired from his cardiology practice and my brother is a radiologist in Columbus. I did my undergrad studies at Duke University and then returned to Ohio for medical school at The Ohio State University College of Medicine. I then moved to Chicago to do my residency at Northwestern Memorial Hospital and then a fellowship in hip and knee reconstruction at The Hospital for Special Surgery in NYC.

I moved to Houston in 2015 and joined The Fondren Orthopedic Group. I am fortunate to work with this incredible group of accomplished and talented orthopaedic surgeons. We are proud to have our home at The Texas Orthopedic Hospital. We are a full service orthopedic group happy to take same and next-day appointments. We perform more than 2,500 joint replacements annually and hundreds of revision surgeries that are referred to us from Louisiana, Mexico, and all corners of Texas. I personally take great pride in forming lasting relationships with my patients while providing them the most cutting edge joint

replacement technologies and techniques. I try to separate the marketing junk (robots, custom knee replacement, muscle sparing sound familiar?) from the important facts of joint replacement, in so setting appropriate and realistic expectations for my patients and guiding them towards success. As a specialist in hip and knee replacements and hip fractures I know my focus and dedication to this area allows me to provide an exceptional level of service to the approximately 500 patients I operate on annually. I see patients at The Texas Orthopedic Hospital, Clearlake, and in Kingwood.

In my free time I volunteer with the Arthritis Foundation and also publish in orthopaedic journals. I enjoy exercise like yoga and lifting weights and also play golf. I currently live in River Oaks and love all the delicious food there is here in Houston and the great wines that go with it. I look forward to meeting more IDA members and helping provide the best care I can to this welcoming community.

Anay Rajendra Patel, MD
Hip and Knee Replacement Surgeon
Fondren Orthopedic Group, LLP
7401 S. Main st.
Houston, tx 77030
713-794-3381

Help the COVID-19 Relief Initiative for India!

As many of you know, India is facing an astronomical surge of COVID19 cases. We have been working to secure oxygen concentrators, cylinders, ventilators/BIPAP, pulse oximeters, and other supplies to be

shipped to various regions in India. We need your help!

We have created a Task Force which will tackle the procurement of oxygen equipment, assist in logistics, customs, transportation, and fundraising. None of us are as strong as all of us!

For questions, please reach out to anyone in
IDA's Covid – 19 India Task Force:



Dr. Sangeeta Saikia
ssaikiamd@gmail.com
Cell: 832-370-9009



Dr. Paresh D. Patel
p.patel11@yahoo.com
Cell: 713-252-1334



Dr. Jignesh Shah
jshahmd@gmail.com
Cell: 732-423-0151



Dr. Swati Joglekar
swatijog04@gmail.com
Cell: 281-386-6101

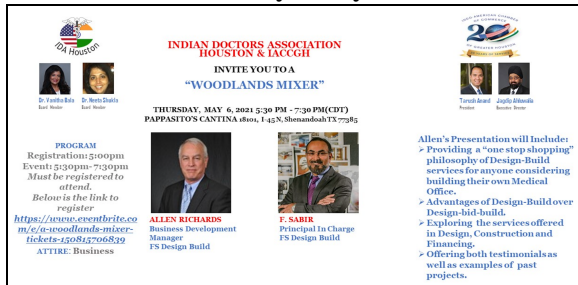
Donate to [IDA's gofundme page](#). All monetary contributions will be used to secure oxygen equipment and supplies which will be shipped directly to India.
<https://gofund.me/5d0e8c5a>

If you would like to mail a check made out to IDA, please send it to IDA Houston, ATTN Jignesh Shah, 444 FM 1959, Houston, TX 77034.

We will continually update you on the progress and impact of your contribution. Please don't hesitate to contact our Task Force with any questions regarding our efforts.

Woodlands Mixer

Thursday, May 6th



**INDIAN DOCTORS ASSOCIATION
HOUSTON & IACGH**

INVITE YOU TO A
"WOODLANDS MIXER"

THURSDAY, MAY 6, 2021 5:30 PM - 7:30 PM (CDT)
PAPPASITO'S CANTINA #800, 142 N. Shuman Blvd TX 77065

PROGRAM
Registration: 5:00pm
Event: 5:30pm - 7:30pm
Must be registered to attend.
Below is the link to register:
<https://www.eventbrite.com/e/6-woodlands-mixer-tickets-520857700589>
ATTIRE: Business


Allen's Presentation will include:
• Providing a "one stop shopping" philosophy of Design-Build services for anyone considering building their own Medical Office.
• Advantages of Design-Build over Design-Bid-Build.
• Exploring the services offered in Design, Construction and Financing.
• Offering both testimonials as well as examples of past projects.

Allen Richards
Business Development Manager
FS Design Build

F. SABIR
Principal In Charge
FS Design Build

5K Walkathon

Saturday May 8th



Indo-American Charity Foundation

"We live here, we give here" as its motto, IACF has been supporting Greater Houston Area Charities and non-profits in the areas of humanitarian, health, education and human services for 25 years.

IDA is a non-profit, networking forum for physicians of Indian origin that provides mentorship in academic excellence, patient care and promotes health education in the Greater Houston community.

The Indian Doctors Association of Houston (IDA), a non-profit organization, was established in 1996. In the sole purpose of serving the Houston community people, who are in dire need of medical services that they could not afford.

Indian American Nurses Association of Greater Houston is to uphold the image of the Indian nurses in IDA as professional group and to promote the welfare of its members.

Please Join

Masks will be provided
Please Maintain Social Distancing Guidelines.
All other recommended CDC guidelines will be followed

Date: Saturday, May 8, 2021
Time: 7:30 AM

Location: 3703 Lost Creek Blvd.
Sugar Land, TX 77479

Free Registration

For sponsorship opportunities
Please Contact:
Joseph "Zanith" Elankil: 832-282-3032
Rajesh Dikonda: 832-483-0194
Dr. Jignesh Shah: 724-432-0351
K. C. Mehta: 281-494-6292
Dr. Anant Thomas: 281-739-9486

Benefiting Houston Non Profit in Healthcare
Online registration:
web: www.iacfhouston.com
e-mail: iacfpresident@gmail.com

www.iacfhouston.com | www.idahouston.org | www.idocharityclinic.org | www.idanagh.org

IDA's Family Picnic

Sunday, June 6th



IDA PICNIC

Networking
Kids Activities
Food & Drinks
Learn about IDA Membership Benefits
Meet IDA's Covid India Task Force with updates

DATE
June 6th Sunday

TIME
11-2 PM

Location
Sugarland Memorial Park
South Pavilion (next to the dog park)
15300 University Blvd Sugar Land, TX 77479

RSVP
www.idahouston.org

IDA Houston

UTMB Press Release

Indian Doctors Association of Houston Supports UTMB Residents Caring for COVID-19 Patients

Association contributed meals to acknowledge physicians' dedication

GALVESTON, Texas—In recognition of University of Texas Medical Branch at Galveston (UTMB) physicians' dedication to caring for numerous patients infected with the coronavirus, the Indian Doctors Association of Houston (IDA) contributed meals to the beleaguered residents. Residents are physicians who recently graduated from medical school and are receiving advanced training in a specific field.

"The residents in UTMB's Department of Internal Medicine put in long hours and faced numerous challenges related to caring for COVID-19 patients," said Dr. Jignesh Shah, the association's president. "We wanted to recognize their extraordinary work in saving lives by offering these meals as a token of our appreciation."

Dr. J. Marc Shabot, vice chair of Alumni Affairs and Development in the UTMB Department of Internal Medicine, said the food provided a meaningful way to reward residents who demonstrated remarkable compassion and resolve while treating their patients. "Our residents were grateful for the meals generously provided by the Indian Doctors Association of Houston," he said. "They perform their jobs without expecting any accolades, but skillfully handling numerous cases as part of a global pandemic certainly merits praise."

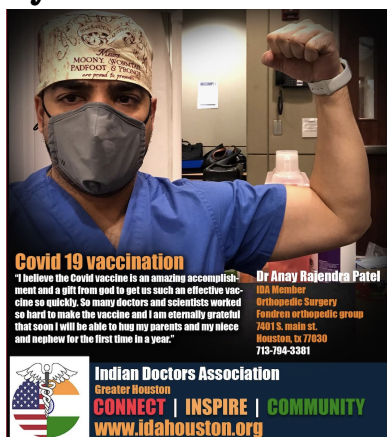
The IDA has supported UTMB before, establishing an endowed scholarship last fall to reward talented students who are part of

the university's South Asian Medical Student Association. The scholarship was the association's first at an academic health science center.

Founded in 1983, the IDA is a nonprofit, networking forum for physicians of Indian origin. The association provides support for charity health care in the greater Houston area, raises funds for college scholarships benefiting high school students and offers health education in the community. IDA membership benefits include free continuing medical education events, educational seminars, mentoring programs, volunteering within and outside the United States and social networking opportunities.



Get your COVID Vaccine!



India Ministry of Culture: Red Fort



Lying at the heart of Delhi, the majestic Red Fort, made of fine red sandstone, stands as a testament to the architectural legacy of the Mughals. One of the most beautiful monuments in the world, this UNESCO World Heritage Site, famous as qila-e-mubaraq, is replete with palaces, pavilions and mosques.

Built by Mughal emperor Shah Jahan as the palace fort of his capital Shahjahanabad, Red Fort is famous for its massive enclosing walls. The architecture of the fort reflects a seamless fusion of Islamic, Persian, Timurid and Hindu styles. The major attractions are the Diwan-i-khas, also known as the Shah Mahal, the Diwan-i-aam or the Hall of Public Audience and the Rang Mahal (a part of the harem), also known as Imtiyaz Mahal. The other monuments here are the Naubat Khana (Drum House), where royal musicians played and announced the arrival of royal family members; the hammam (royal bath), and the Muthamman Burj, or Musaman Burj (a tower where the emperor would show himself to his subjects). Once the power of the Mughals weakened, the fort was plundered by the Persians, led by Nadir Shah, in 1739. The invaders took away much of the fort's treasures, including the opulent Peacock Throne, which Shah Jahan had crafted out of gold and gemstones (including the precious Kohinoor diamond).

For more information, [click here](#).

IDA Social Media



Members and events are highlighted on our social media channels.

IDA Speakers Bureau

Please update your membership profile on idahouston.org if you would be interested in becoming a motivational speaker for IDA at our future events.

IDA Physician Specialty Awareness Videos



<https://www.facebook.com/idahouston15>
<https://www.instagram.com/houstonindian/>
<https://www.linkedin.com/in/indian-doctor-s-association-houston-0506a21a/>



Contact: idahoustontx@gmail.com
Website: www.idahouston.org
Phone: 662.786.0313

IDA-Greater Houston cannot be held responsible for the content of this e-newsletter, nor can it be responsible for the consequences of the actions taken based on the information provided. We accept liability only if we have subsequently confirmed the information found in this e-newsletter in writing. Please make sure that you are the intended recipient of this e-newsletter. If you are not, please notice that disclosing, copying, distributing, or taking any action in reliance to the contents of this information is strictly prohibited.