



Indian Doctors Association

Greater Houston

April 2023 Edition

President's Message



Dear IDA Family,

Hello everyone. It is hard to believe how time is flying by, summer is upon us already. Most of you probably have school and college going children on their summer break and are already on or about to embark on summer travel. I wish you safe travels and a wonderful time with friends and family this summer.

I am also incredibly happy that our recent annual IDA Woodlands mixer was a grand success. The event was held on May 13th at the Crowne Plaza in Shenandoah. It was attended by close to 100 people. There was great food and entertainment. I would like to thank Dr Vanitha Bala, Dr Neeta Hiray and Dr Sheela Chandra for their efforts in organizing this event.

This event would not have been possible without our grand sponsor ZT Corporate. They have always been a great supporter of IDA and were also an underwriter at our last IDA annual gala in January 2023. They identify with the vision of IDA: connect, inspire and community. They provide financial support to IDA initiatives including local community support. They supported IDA with financial contributions for the IDA COVID task force for India. They have held exclusive educational seminars/workshops for IDA members. I would like to thank Azhar Hirani and Kevin Gandhi from ZT Corporate for attending this event.

We had 3 new life members and a few annual members sign up during this event. I would like to welcome them to IDA and hope to continue to see them at the different IDA events this year.

We will be organizing our next events after the summer break, since a lot of people are travelling during this time. I hope you all have a good summer. I will sign off now, I hope to meet most of you at future IDA events.



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Ashima Chauhan, MD
IDA President



IDA Woodlands Mixer



[Additional Photographs](#)

India Ministry of Culture: Panjpulla



Panjpulla Waterfalls serve as an ideal picnic spot to absorb the beauty of nature and enjoy peace and serenity. The falls are in a scenic setting surrounded by tall trees, chirping birds and towering mountains. Tourists can also engage in adventurous activities such as abseiling, rock climbing, river crossing or Burma Bridge crossing. Visitors can embark on trekking routes that start from the samadhi of Sardar Amarjeet Singh, a hero of India's struggle for freedom, and through dense forests and past many waterfalls to Chanmari, a picturesque place known for its temples and mesmerizing scenery. The best time to visit the falls is during the monsoon season when they flow in all their glory. Don't forget to have your camera with you as you will most likely pass many great photo spots.

For more information, [click here](#).

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IDA Speakers Bureau

Please update your membership profile on idahouston.org if you would be interested in becoming a motivational speaker for IDA at our future events.

IDA Physician Specialty Awareness Videos

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