President’s Message

Back to school during COVID-19 has required schools, colleges, and families to work even harder together. As the policies continue to modify, IDA continually supports the Greater Houston school districts on encouraging positive behavior and limiting the transmission of SARS-CoV-2.

Since the last 2 years, IDA has supported the Elementary School System with educational and mentoring programs. These programs are set to provide a positive school climate enhancing the engagement in learning and promoting our shared vision.

COVID-19 Physician Resources
Webinar Series Partnerships in Association with IACCGH
September 2, 2020: Power Dialogue with Congressman Kevin Brady

September 15, 2020: Estate Planning Mistakes, Solutions and Strategies

American Academy of Pediatrics:
COVID-19 Planning Considerations: Guidance for School Re-entry

TMA:
COVID-19 Pediatric Symptom Severity Chart and Parental Guide

DSHS:
School Reported COVID-19 Cases in Texas Public Schools:
https://dshs.texas.gov/coronavirus/schools/texas-education-agency/

IDA Physician Specialty awareness videos:
https://www.facebook.com/idahouston15
https://www.instagram.com/houstonindian/
https://www.linkedin.com/in/indian-doctor-association-houston-0506a21a/

Jignesh Shah, MD
President
IDA’s Annual Gala

Due to COVID19, this year’s gala has been rescheduled to April 10th, 2021.

“Friends of IDA”

“HCA Houston Healthcare Pearland appreciates the opportunity to acknowledge the great work of the Indian Doctors Association-Houston. Organized to promote the health of the community, provide scholarships and mentorship programs to future healthcare providers and networking among its professionals, IDA-Houston accomplishes this and more every year through its vast membership. HCA Houston Healthcare Pearland is pleased to endorse this association and call many of its members friends”

David S. Wagner, FACHE
Chief Executive Officer
HCA Houston Healthcare Pearland

MEMBERS CORNER

Annual Member
Sahil Parikh, MD

Hi everyone! Thank you for the opportunity to introduce myself!

I am Sahil and I am a Family Med physician. I practice at Kelsey Seybold’s Cypress clinic and round on our patients at St. Luke’s Vintage Hospital. Just completed my first year in practice and couldn’t have asked for a more happening start! I came in touch with IDA through Dr. Joglekar who was one of my attendings during my training.

I was born and brought up in Gujarat, India. Completed my MBBS from Government Medical College, Surat. Relocated to the US in 2014 and landed in the freezing but beautiful state of Michigan. Went through the usual process and matched at Houston Methodist Hospital for my residency. My wife, Tithi, and I drove down from the cold Michigan to the warm and humid Houston.
We were absolutely sure about moving back to Michigan once I complete my residency. Eventually, Houston grew on us and made us rethink our decision. The city had everything to offer while still giving us the opportunity to be close to our Indian roots. We decided to make Houston our home and this was one of the best decisions that we have made.

We currently live in Cypress. Our love is shared by our pup, Whiskey, who is a little furry ball of energy! I look forward to getting more involved with IDA and with the projects/events that it undertakes. Look forward to meeting everyone soon.

UTMB Residency Program
Lindsay Sonstein, MD

IDA Social Media

Members and events are highlighted on our social media channels.

IDA Speakers Bureau

Please update your membership profile on idahouston.org if you would be interested in becoming a motivational speaker for IDA at our future events.
Contact: idahoustontx@gmail.com
Website: www.idahouston.org
Phone: 662.786.0313

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