



**Indian Doctors Association**

**Greater Houston**

October 2022 Edition

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## President's Message

Greetings everyone...

Dear IDA Family...

Happy Diwali to you and your family. May this Diwali bring you happiness, joy, hope and prosperity.

About 300 people attended a very successful musical fundraising event at Stafford Civic center. The musical event was performed by Niche Entertainment group from India. This was one-of-a-kind experience and was appreciated by all the attendees. Krishna entertainment Lights and sounds and Dawaat catering's delicious food made the event truly memorable. Please see the photo gallery at the IDA web site.

The two upcoming events are IDA and IACCGH mixer on October 29th at the Elite restaurant and Clear Lake IDA mixer at Moon Mirch restaurant on 12th of November. Please register early as space is limited.

I am requesting all of you to come with friends and register for more fun and frolic in the upcoming months.

Thank you and God bless you all.



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*Atasu Nayak, MD  
President*

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## IDA Clear Lake Mixer



[Click Here](#) to Register

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## IDA Muscial Event



For more pictures, [click here](#).

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## MEMBERS CORNER



*Annual Member*  
**Bhuvana Sagar, MD, MBA**

It is my pleasure to be a part of our wonderful Houston community since 2002. Currently working as a board-certified oncologist with Oncology Consultants, I'm privileged to care for patients at Willowbrook, Cypress and in the Humble area. Past experience includes oversight and development of value-based cancer programs throughout our communities and I actively collaborate in professional societies including the American Society of Clinical Oncology and the National Comprehensive Cancer Network on various quality initiatives. Additionally, I offer myself as a resource to speak at health care and public forums as I'm deeply committed to addressing health disparities in cancer care and helping educate our public so they can make informed decisions about their care.

As a clinician, my treatment philosophy centers around delivering patient-centered care with shared decision making, and optimal recommendations tailored to a patient's specific needs. When someone is diagnosed with cancer, it is devastating and overwhelming, however, I'm passionate about providing emotional support and professional guidance to my patients and their families as they take the cancer journey. My goal is to combine my experience with the latest available technologies in order that my patients may

achieve overall physical, mental and spiritual health. Finally, having an Eastern background, it has been a particular honor to provide compassionate, respectful care to individuals of my culture whom I would regard as my own family members.

I'm grateful for the opportunity to be an active community member living in the Spring area with my two sons and husband of 27 years. My fun-loving dog "Buddy" keeps me running and in my free time, I enjoy Zumba, knitting, cooking, and going on long walks with my family.

Please do not hesitate to reach out to me at any time. I look forward to being a valuable part of your organization and collaborating together to deliver exceptional cancer care to your patients.

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## India Ministry of Culture: Jodhpur



*With a sea of sapphire-blue painted houses and guarded by the gorgeous Mehrangarh Fort, the city of Jodhpur, the second-largest in Rajasthan, is an architectural marvel. A labyrinth of medieval lanes, interspersed with vibrant markets, criss-cross the city, which enjoys a languid pace of life.*

*To experience the soul of the city, head to its bustling bazaars that offer a fine selection of*

*the spiritual Pichwai paintings, Jodhpuri pants or breeches, exquisite bandini or bandhej (tie and dye) sarees, beautiful badla embroidered lehengas and morchang, a popular Rajasthani folk music instrument. The city boasts a busy culinary scene and sampling local delicacies like the savoury pyaz-ki-kachori, the spicy mirchi bada and the thick and sweet makhaniya lassi, is an unforgettable experience. As you explore further, Jodhpur charms you with its rich royal legacy that is evident in notable landmarks like the opulent Umaid Bhawan Palace, the majestic Jaswant Thada and the scenic Mandore Gardens, all of which were built by the city's erstwhile rulers. A 10-km-long wall with eight huge gates divides the old and the new parts of the city, giving tourists an opportunity to experience the unique features of Jodhpur's ancient past rubbing shoulders with its cosmopolitan present. For an authentic Rajasthani rural life experience, tourists can explore Khichan Village, which is a favourite stopover for migratory birds. The evenings here are sheer bliss, when the temperatures of the desert dip and birds glide over the smooth water of the Khichan Bird Sanctuary. Jodhpur was founded by Rao Jodha, the chief of Rathore clan, in 1459. It caters to a wide range of tastes and preferences and hence is one of the most popular tourist destinations of the country.*

For more information, [click here](#).

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## IDA Social Media

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Members and events are highlighted on our social media channels.

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## **IDA Speakers Bureau**

Please update your membership profile on [idahouston.org](http://idahouston.org) if you would be interested in becoming a motivational speaker for IDA at our future events.

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## **IDA Physician Specialty Awareness Videos**



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