



Indian Doctors Association

Greater Houston

February 2024 Edition



New President's Message

“Change is in the Air”

Dear IDA Family,

I am excited to take the helm of this amazing organization and serve you all to the best of my abilities. Please read through the newsletter as there are various changes, we are putting forth this year. As the year unfolds, I

urge each one of you to participate in all our events to enrich everyone's experience. Your involvement and participation are crucial for IDA to not only deliver its mission but also meet your goals. Our first event this year I am looking forward to is an **IDA member social with families at the POST on April 6th**. Please read the details below and register for the event. This event is being held at the same location as a unique UNICEF exhibit called **Heart Strings** so that we can all attend the UNICEF exhibit in support of their mission.

The change spree at IDA will continue with many new initiatives that span from mentorship to science and innovation to member engagement to community engagement. It is important for me to hear from each one of you and please do not hesitate to reach out to me directly at arvind.bhimaraj@gmail.com or through the IDA email at idahoustontx@gmail.com. Together we have an immense potential for contributing to our society and community-not just our immediate Houston community but an impact on the motherland and the world.

Arvind Bhimaraj, MD MPH
IDA President

UPCOMING EVENT

IDA Family Social in support of UNICEF.

April 6th, 2024

INDIAN DOCTORS ASSOCIATION - HOUSTON

IDA Houston

FAMILY EVENT!

EVENT HIGHLIGHTS

"Fundraising activities" to "Socialize with social responsibility."

Supporting fundraising for the United Nations Children's Fund (UNICEF)

unicef USA

Members who register for the Family event can also buy tickets to the UNICEF heart strings exhibit at a discounted price.

HEART STRINGS

OUR PROUD SPONSORS

BROADSTREET GLOBAL FUND

Medtronic CATERER

Verandah Where Tradition Meets Innovation

Contact Us
email: idahoustontx@gmail.com
More information
www.IDAhouston.org

NOON TO 4 PM
6
APRIL-2024
1401 FRANKLIN ST.
HOUSTON, TX 77201

CONNECT | INSPIRE | COMMUNITY | designed by www.zealstudios.com

This year we are organizing our annual family social event with a twist of social responsibility. Register ASAP at [Eventbrite](#). Registration will close once full. Join us at **POST Houston, Franklin Street, Houston, TX, USA** for a day filled with fun activities and an opportunity to make a difference. Bring your family and friends to show your support for children in need around the world. Let's come together to create a positive impact and spread joy to those who need it most. We can't wait to see you there! This social event is free for IDA members (4 individuals per family) and \$20 per non-member (family of 4). **EXTRA STEP NEEDED TO SUPPORT UNICEF.** Please remember to use this link [IDA Custom Link](#) to purchase discounted tickets for the UNICEF [Heart Strings](#)

interactive experience to support their cause. This unique event is being introduced in Houston, Texas for the first time in the United States.

OUTGOING PRESIDENT MESSAGE

Dr. Ashima Chauhan



Dear IDA Family,

It has been an honor serving as IDA President for the past one year. I have mixed feelings as my term has come to an end. I am happy to have had this opportunity to lead IDA. This would not have been possible without the support of the board officers, board members and advisory board members. We had a great year with several successful events. We had networking events in Sugar Land, Memorial and Northwest Houston, Medical Center, and Woodlands. Besides this, we had an annual family picnic and an annual CME conference. Please check out the pictures on our website at this [link](#). We had several new members sign up for annual and lifetime memberships throughout the year. To top off the year, the annual gala was a grand success, it was held

at the Hilton Americas on Feb 10th and was attended by around 550 people. There was great entertainment by Paul Verghese, a stand-up comedian, Anis Chandani, an accomplished flute player and dances by Infused Performing Arts. IDA presented a check of 15,000\$ **to the Galveston Bay Foundation** as a part of its new charity program. We also **awarded 6 high school scholarships** to well deserving students. We owe these to the generosity of our board members Drs Bhimaraj , Joglekar, Desai & Nayak; One of our members Dr Sonia Chauhan and a community stalwart Mr. Swatantra Jain. Our keynote speaker Todd Caliva, the CEO of HCA Houston Clearlake gave a very engaging speech. Delicious food was catered by Narin's Bombay Brasserie, DJ was Uptown Productions, photographer and videographer was Danny Nguyen and the event coordinator for the gala was Therese Cole Hubbs. I extend my sincere gratitude to all our sponsors without whose support we cannot hold our events. A special thanks to ZT Corporate, our gala underwriter; our platinum sponsors HCA and Mr. Amir Ali Dodhiya and our gold sponsor Truist Bank who have continued to support us year after year. I would also like to extend heartfelt gratitude

and thanks to our new sponsors this year who have become a part of our mission. IDA would like to bid goodbye to Puja Shah, our executive administrator who has been with us for 4 years and has done a phenomenal job despite having a busy schedule. I would like to extend a welcome to Jeanette Stradford who will be taking over from Puja.

As I sign off, I wish all the success to our new President Dr Arvind Bhimraj and welcome our new Treasurer Dr. Apurva Pancholy. I am sure IDA is in capable hands and will continue to grow further and have a greater impact than it already has.

-Ashima Chauhan

IDA's 41st Annual Gala



For pictures, [click here.](#)

LEARNING AND NETWORKING EVENTS (LNE)

IDA is excited to announce our Regional Learning and Networking events (LNEs) where our members can interact with each other while learning about a topic (that is broadly applicable to all specialties).

**Clearlake LNE:
SAVE THE DATE: May 11th.
(Look out for details soon)**



**WELCOME TO
OUR NEW TREASURER**



Dr. Apurva B. Pancholy

Originally from Ahmedabad and New Delhi, Dr. Pancholy pursued his undergraduate studies at the University of South Florida, followed by a Medical Degree from the University of Miami (“The U”). After a residency in Obstetrics and Gynecology, he specialized in Urogynecology and Reconstructive Pelvic Surgery through a fellowship in Cincinnati, Ohio. Currently he is an

Associate Professor at McGovern Medical School in Houston since 2010. Beyond professional life, he is blessed with a beautiful family. His wife, Hiral, a native Houstonian, works at MD Anderson Cancer Center. Together, they embrace the joy of parenting their three wonderful children. In addition to his medical commitments, Dr. Pancholy actively engages in community service through organizations like IDA and local temples, finding immense satisfaction in giving back. He is an avid sports enthusiast while music and Art hold a special place in his heart, encompassing a love for all genres, with a particular fondness for Bollywood and Hindustani classical music.

**WELCOME TO OUR
NEW EXECUTIVE ADMINISTRATOR**



Jeanette Stradford

Jeanette comes with experience working with executives, board members, and division chiefs. Her wealth of knowledge will undoubtedly

contribute to IDA. She will ensure efficient communication, manage administrative tasks, and supporting the department's leadership team in achieving its goals.

NON-PROFIT ANNOUNCEMENTS

**Interactive Evening to learn about the
First Free Rural Medical College in India.**

Register [here](#)

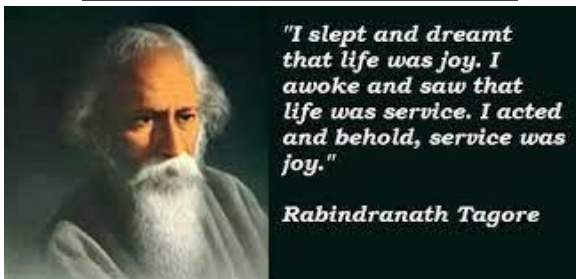
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At the



WORDS OF WISDOM



Quote submitted by: **Dr. Randeep
Suneja**

If you have a famous quote, you want featured in the "Words of Wisdom section please email to idahoustontx@gmail.com

Please email idahoustontx@gmail.com if you are interested in contributing content to this newsletter. Any ideas regarding activities of IDA are welcome as feedback. We want to hear from you.

IDA Social Media



Members and events are highlighted on our social media channels.



Contact: idahoustontx@gmail.com

Website: www.idahouston.org

Phone: 662.786.0313

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