



Indian Doctors Association  
Greater Houston  
November 2019 Edition

## President's Message

IDA is a non-profit organization whose primary objective is giving back to the community. Our annual charity fundraiser on Saturday, October 12<sup>th</sup> was held at Ferrari of Houston. The stunning cars, authentic cocktails, delicious appetizers, and over 100 guests made for a memorable evening.

IDA's scholarships are a form of aid that make it possible for high school students to alleviate the financial burden associated with a college education. While our scholarships are primarily based on academic performance, extracurricular activities, research, community service, and economic hardship are taken into consideration.

From the 2019 fundraising campaign, IDA will be providing scholarships to a minimum of five high school seniors in the greater Houston area this upcoming year. Scholarships will be awarded at our annual gala, May 2, 2020 at the Westin Medical Center Hotel.

*Jignesh Shah, MD*  
President

## HAVE YOU REGISTERED?

November 13th: IACCGH and  
IDA Event

**LIMITED TICKETS AVAILABLE!**



The Indo- American Chamber of Commerce of Greater Houston and The Indian Doctors Association invite you to a presentation

by  
The U.S. Small Business Administration  
on

**"How the SBA can help you grow your business"**

**DATE:** Wednesday, November 13<sup>th</sup>, 2019  
**REGISTRATION:** 6:00 PM | **EVENT:** 6:30 PM - 7:30 PM  
**LOCATION:** Pappasito's Cantina  
18101 I-45 N,  
Shenandoah Tx 77385

Business attire

**Must be registered to attend .**

Registration closes on November 6th

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## MEMBERS CORNER

New **LIFETIME** Member

*Ruchita Patel, MD*

Hello, by training I am a Board Certified Family Physician and work as a Hospitalist at various locations in Houston from St.

luke's to Houston Methodist to Memorial Hermann Hospital System. I also specialized in Hospice and Palliative care medicine. I graduated from Ross University and did my Residency at Texas A&M Christus Spohn hospital in Corpus Christi. Born and raised in Gujarat, India, I came to Texas in 2000 and Houston has been home ever since.

In my free time, I write medical blogs under the name "Dr. Snowflakes" to bring awareness to the topics that are either considered taboo or are misunderstood in medicine. Ever since I was young, I have always wanted to make a profound impact on society so that it could be a great collaborative place to live in. Being able to practice medicine allows me to do just that. It also allows me to have a positive impact on each and every life that I touch. Providing quality care for a Hospice patient encourages me to share the message of understanding and empathy in this field.


I joined IDA in an effort to learn and collaborate with my peers to ensure we provide the best quality care in the Southwest region. Being part of the Houston community for a while, one thing that is close to all our hearts are joining hands in times of need. IDA allows me to be part of an organization that not only joins hands to help domestically but also globally. I look forward to mission trips and Networking events in the future.

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## UPCOMING EVENT!

### December 7th: Private Seminar Evaluating Real Estate Investments, Gains and Losses on Schedule K-1, and Tax Benefits

LIMITED SEATS AVAILABLE!



PRIVATE SATURDAY BRUNCH SEMINAR

Evaluating real estate investments, gains  
and losses on Schedule K-1, and tax  
benefits

Saturday, December 7th, 2019 11am - 1pm  
Maggiano's Little  
Italy  
2019 Post Oak Blvd.  
Houston, TX 77056

Keynote Speaker: Swapnil Agrawal  
CEO & Managing Partner at Nitya Capital

Registration: [www.idahouston.org](http://www.idahouston.org) Limited Seats! IDA Members FREE  
Non-IDA members \$65

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## MEMBERS CORNER

### Part 2

*New Annual Member  
Rohan Patankar, DO*

Hello, my name is Dr. Rohan Patankar, DO. I'm one of the founding members of Sequoia Medical Practice. I did my Internal Medicine residency in Miami and my Nephrology fellowship in Galveston. We are a multi-specialty group. Our website is

[www.sequoiamedicalpractice.com](http://www.sequoiamedicalpractice.com) and our office is by Airport Blvd and 288.

Since having joined IDA I am looking forward to networking and meeting like-minded physicians.

I also look forward to working with the IDA and helping it expand its presence in Houston. I'm interested in teaching and helping shape the future physicians of America.

I look forward to meeting more members of this wonderful organization and participating in future events!

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## MARK YOUR CALENDAR!

**2nd Annual CME Program  
February 8th, 2020**



**Save the date:**  
Saturday, February 8, 2020

**2nd Annual CME Conference**

**The Houstonian Hotel**  
111 N Post Oak Ln, Houston, TX 77024

Limited Seating  
IDA Members: FREE - Non-Members: \$150

 Indian Doctors  
Association - Houston

[www.idahouston.org](http://www.idahouston.org)

## IDA Gala

**May 2nd, 2020**



SAVE THE DATE

[www.idahouston.org](http://www.idahouston.org)

**GALA**

Saturday, May 2, 2020  
The Westin Houston Medical Center  
1709 Dryden Rd., Houston, TX 77030

Table of 10 = \$1500  
Individual Ticket = \$150

DRESS CODE: GENTLEMEN: BLACK TIE - LADIES: EVENING WEAR. Discount rates for limited rooms.

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## MEMBERS CORNER Part 3

*New Annual Member  
Neil R. Desai, MD, MSc*

Hello! I am a Vascular Surgeon and have recently started a practice in the Western corridor of Houston serving the Sugarland, Katy, and Cypress communities. Born and raised in the Houston area, I completed surgical training at the University of Texas in Houston and a fellowship in vascular surgery at the University of South Carolina in Greenville. Moving back to Houston and having the opportunity to serve this community is a blessing. With my parents and extended family in the area, Houston is a place my wife and I hope to call home for decades to come. We've been blessed with twin boys and are thrilled to be near family.

I enjoy patient care, teaching and community service and welcome all opportunities to get involved. IDA has provided the opportunity to meet and learn from fellow physicians through various events and foster a community of uniquely similar practitioners. Feel free to reach out to me about any and everything. I look forward to meeting you all at upcoming events!

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## **Update From 2019 IDA Scholarship Recipient**

*Krishna Tripathy*

My name is Krishna Tripathy, and I am a freshman Biochemistry major at the University of Texas at Austin. When I first arrived at UT Austin, I was intimidated by the large student body size and the endless amount of opportunities that were available on campus. However, the communities I have gotten involved with here have helped tremendously with making UT feel like a small home away from home. I currently serve as an At-Large on the Faculty Affairs Committee of the Senate of College Councils, which is the official student voice in academics that connects faculty and administration to students here at UT. I am also a Longhorn Legislative Aide within the UT Student Government, and a member of the Student/Faculty Committee on the Natural Sciences Council, which serves as the official liaison between the students and administration of the UT College of Natural Sciences. Along with this, I have been selected for the Women in Natural Sciences

Program and am involved in the Kappa Rho All-Girls Pre-Medical Honor Society. While these activities never fail to keep me busy, it is only through the support of scholarships, such as the IDA Houston Scholarship, that I am able to get involved on campus. When people say college is expensive - they really aren't lying. There are high fees for almost every organization on campus, and receiving scholarship money from IDA has helped to alleviate the burden of worrying about these organization fees on top of the already high tuition prices. It is scholarships like these that allow students in our community to get involved and do amazing things without having to worry as much about monetary restrictions. Thanks to IDA and the amazing support they have provided me, I am able to make my mark here on campus.

Hook 'em!

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## **Pictures from the IDA Cars and Wine event can be found on the IDA website.**



## IDA Social Media

### FOLLOW US



@idahouston15



Indian  
Doctors  
Association  
Houston



@idahoustontx



@houstonindian



@doctors\_india

Members and events are highlighted  
on our social media channels.

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