



Indian Doctors Association

Greater Houston

April 2024 Edition



MEMBER ENGAGEMENT ON ITS WAY

Dear IDA Family,

The winds of change are in full force. Our Social event this year had a purpose to promote a social cause and it was a remarkable success. Read about all the details below. I am grateful to our sponsors and all our members who were able to make it to the event, support it and be able to donate a total of 1500\$ worth to UNICEF. More importantly, we forged a relationship with UNICEF and discussed numerous opportunities for both the organizations to foster efforts to invest in not only the

children of the world but also the children of Houston. It was enlightening for me to learn about UNICEF's motivation to organize the heart strings event: to imbibe in the young minds the importance of giving by exposing them, in a fun manner of the needs of the children of the world. Please explore the picture gallery on our website.

As mentioned in the previous newsletter, our Board of Directors along with the Advisory board spent 4 hours on a weekend in a strategy retreat with a packed agenda. Thanks to the generosity of our board, we were able to use an office space for the brainstorming. A lot of great discussions led us to fuel the “winds of change.” This is the perfect time for each of you as members to get involved in the various upcoming activities. Let us shape the future of IDA together. We will be reaching out to all our members to engage in organizing committees which will focus on specific projects. Be on the lookout.

I hope I will see you all at the upcoming Clearlake event. Please come up to me and say hello.

Arvind Bhimaraj, MD MPH
IDA President

A SOCIAL EVENT FOR A SOCIAL CAUSE

A Success



The Indian Doctors Association convened their family-oriented event on April 6th at The Post, which also served as a platform to advocate for UNICEF's Heartstrings initiative. The occasion proved to be extraordinarily successful, marked by enthusiastic attendees who came with their families spanning various age groups. Attendees reveled in activities such as face painting and exploration of the Heartstrings exhibition. Moreover, the culinary offerings provided by Verandah were met with universal acclaim, characterized by their exceptional quality and taste. We want to thank Broadstreet Global Fund and Medtronic for sponsoring the event.

We also want to acknowledge Cultural Learning Systems; Fairmont Healthcare and Trinity hospice for donating a cultural learning set for kids, George Clooney Tequila set and Stanley Coller with water gear respectively for a silent auction. Congratulations to our three winners who won the above three items

in that order: 1) Mr. Kevin Gandhi; 2) 3) Dr. Manikantha Madhukar Bolloju; 3) Ms. Tiffany Ponce.

Clinic [here](#) to visit our website gallery section for pictures of this event.

LEARNING AND NETWORKING EVENTS

(LNE)

IDA is excited to announce our Regional Learning and Networking events (LNEs) where our members can interact with each other while learning about a topic (that is applicable to all specialties).



Clearlake LNE:

**Location: Noon Mirch. May 11th 11
AM-2pm**

**Thank you to our main sponsor.
INARI MEDICAL and our bronze sponsors:
Ameriprise advisors and Fairmont
healthcare.**

WELCOME OUR NEW BOARD MEMBER

Dr. Hina Dave



Dr. Hina Dave is board certified by the ABPN in Neurology, Epilepsy, and Clinical Neurophysiology. She specializes in refractory epilepsy and clinical trials for new therapies. Dr. Dave received her medical degree at LSU School of Medicine, New Orleans and completed neurology residency training at Thomas Jefferson University. She went on to complete a fellowship in clinical neurophysiology at Vanderbilt University followed by fellowship training in epilepsy at Baylor College of Medicine. She recently joined the Houston VA Medical Center, Epilepsy Center of Excellence. Dr. Dave is excited to join the IDA family and to be an integral member in the growth and expansion of the organization.

NEW YORK HIGH SCHOOL JUNIOR LOOKING TO EXPAND HER MISSION TO TACKLE FOOD INSECURITY: ANY TAKERS IN HOUSTON?



Misha Guja, a junior in high school, realized during the pandemic, the extent of food insecurity and waste in her community. Discovering that millions of pounds of food are wasted in restaurants, she started **Fork and Spoon**, a student-led organization dedicated to addressing food insecurity in her community. Through strategic partnerships with local restaurants, Fork and Spoon collects surplus produce and food, ensuring that nothing goes to waste. Along with a team of seven high school students, Misha has scaled to deliver over

50 pounds per week of nutritious food to individuals and families in need, making a tangible difference in the lives of those facing food insecurity. Beyond their impactful local efforts, the founder of Fork and Spoon, who is also a resolute science researcher, is leading a groundbreaking initiative to facilitate collaboration with local farmers and research and development organizations in India, aiming to tackle the pressing challenge of agricultural productivity. By leveraging their passion for community service and their expertise in scientific research, Fork and Spoon is not only addressing immediate food needs but also pioneering innovative solutions to long-term global challenges.

With continued collaborations, she wants to bring Fork and Spoon's services to more people across the world who do not know where their next meal is coming from.

Website:

<https://forkandspoon2021.com/>

Instagram: @forkandspoon2021_

WORDS OF WISDOM

“Wherever the art of Medicine is loved, there is also a love of Humanity.”

— **Hippocrates.**

Quote submitted by Dr. Apurva Pancholy

If you have a famous quote, you want featured in the “Words of Wisdom section please email to idahoustontx@gmail.com

If you are interested in contributing content to this newsletter, please email

us.

Any ideas regarding activities of IDA are welcome as feedback. We want to hear from you.

IDA Social Media

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Association
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Members and events are highlighted on our social media channels.



Contact: idahoustontx@gmail.com

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