



Indian Doctors Association -
Greater Houston
August 2019 Edition

President's Message

IDA continues to monitor the changes in the healthcare industry. On July 21st, an exclusive seminar at Kirans restaurant focused on "How To Evaluate An Investment" with distinguished keynote speaker Taseer Badar.

Chief Executive Officer Taseer Badar's dynamic presentation discussed employee empowerment, leadership, and innovation. He stressed the importance of a novel business model by providing a platform with financial security. Sharing his valuable insights and winning selfless attitude he conducted an engaging Q&A session with IDA members.

IDA will continue to strengthen its membership benefits through private workshops for the Greater Houston community. Event spotlighted mentoring our youth and providing them the opportunity to learn and participate in community service.

Jignesh Shah, MD
President



SIGN UP TODAY!

IDA Mission Trip- Guatemala

Sometime between January - March 2020

Go to idahouston.org to sign up by

August 31st

MEMBER'S CORNER

New Member Snehal Desai, MD

I am a Radiation Oncologist in Houston currently working at Houston Methodist and Kelsey-Seybold Cancer Center. I trained in Houston at Baylor College of Medicine for medical school and residency. I had a unique opportunity to help build and start the radiation oncology section at Kelsey-Seybold Cancer Center at which I'm currently the Medical Director. I was always interested in medicine as a kid, but after my mother's diagnosis/treatment of cancer I was drawn to oncology. I learned many things

being a caregiver which I have implemented into my practice. I love being part of the cancer care team. I get most satisfaction from my palliative patients as I can see the difference treatment makes in their quality of life.

During my training, I was involved with IDA and a board member for AAPI for many years. I recently rejoined IDA after establishing my practice. I had enjoyed the unique seminars and networking session which IDA has hosted over the last year. I am interested in becoming more involved in the organization as it has the right values and direction.



See Past Event Pictures

(including those from the Investment Event in July)

Go to the IDA Website

<https://www.idahouston.org/gallery>

MARK YOUR CALENDAR!

Heartfulness Institute Medical Education Conference:
EMPOWERING HEALERS
An immersion program with practical workshops teaching physicians, nurses, & other clinicians how to meditate & practice yoga

Speakers and Topics:
Heather Colmester, MD
The Big "C" - Self-Healing for Cancer Patients
Joyee Vachani, MD
Finding Joyies: The Power of Our Story
Cecile Fernandes, MD
Neuroimaging, EEG Changes and Altered Traits
Christian Assad, MD
Nutrition for Whole Body Health
Ragini Miryala, MD
Certified Heartfulness Trainer
Introduction to Heartfulness Meditation
Neha Kansara, MD
Impact on Anxiety, Depression and Burnout
Nadia Sabri, MD
Finding Your Space in Medicine: Yoga Off The Mat
Kristine O'Connor, MD
Awakening Your Chakras
Rooja Naidu, Certified Yoga Instructor
Introduction to Naha Yoga
Vinay Dalal, MD and Karl Rollins, DO
Kundalini Yoga, Song Bath, Sound Baths, Ayurveda & more
Radheshyam Miryala, MD
Certified Heartfulness Trainer
Meditation and Sleep



Continuing Education - Physicians and Nurses
This program has been approved for AMA PRA Category 1 Credit™. The American Center for Health Sciences at Eisenhower is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. A maximum of 10.0 contact hours may be earned for successful completion of this activity.

Register at:
heartfulnessinstitute.org/medical
Registration Cost:
\$375(\$475 after August 28th)


Sept 28th, 2019
7:00am - 6:00pm
Sugarland Marriott Hotel
16090 City Walk
Sugar Land, TX 77479

heartfulness

September 26th

More information can be found on the IDA website

2nd Annual CME Program



Save the date:
Saturday, February 8, 2020
2nd Annual CME Conference
The Houstonian Hotel
111 N Post Oak Ln, Houston, TX 77024
Limited Seating
IDA Members: FREE - Non-Members: \$150



www.idahouston.org



Glitter and Gitz IDA Gala 2020



Since IDA is a welcome partner for "Howdy Modi" on September 22, 2019, all IDA members have the opportunity to pre-register for FREE Passes to the event. Deadline is August 7, 2019 and after that time, limited passes will be available via general registration only. Contact the IDA office at idahouston.org for the "free passes" code to use when registering [online](#). **Deadline for the free passes is August 12th.**

Statement from David C. Fleeger, MD TMA President



TMA STATEMENT

Midlevel Practitioners Work For Physicians; Here's Why

Statement by David C. Fleeger, MD, President, Texas Medical Association

Let me be clear.

As I stated in my May installation address, "It is because we are professionals that we lead, supervise, educate, and monitor the other members of our health care team. They do not know what we know. They cannot do what we do."

Nonphysician practitioners (NPPs) work for physicians. [That's our official policy](#). That's what we work for at the Texas Legislature, in the United States Congress, in the courts, and in regulatory agencies. That's why we [defeated more than 20 scope-of-practice expansion bills](#) during the 2019 legislative session. Your association - and I - remain firm in this principle.

As your president, I apologize for a poorly worded recent article on a Texas Medical Association CME course on hiring and supervising NPPs. The intent was to point out that physicians should strategically utilize NPPs for tasks they are trained to complete safely under physician supervision. They are valued members of the health care team. But they are not physicians, nor do they replace physicians.

As physicians we are dedicated to an uncompromising and unconflicted regard for the patient's benefit and best interest. This is the nature of the patient-physician relationship. Nothing will change that. Period.

More Information can be found at
https://www.texmed.org/Template.aspx?id=42483&utm_source=Informz&utm_medium=Email&utm_campaign=TMT

WATCH YOUR EMAIL!

**IDA will be hosting
networking events in your
area in the coming months**



Contact: idahoustontx@gmail.com

Website: www.idahouston.org

Phone: 662.786.0313

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