

of Houston in support of the educational, mentoring, and scholarship programs.

Jignesh Shah, MD

President

Indian Doctors Association Greater Houston October 2019 Edition

# President's Message

IDA will continue to support its existing and new members in all facets. On September 11<sup>th</sup>, IDA held its annual sugar land networking at Azuma on the Lake. Our new members were recognized and supported during the mixer. The event enabled physicians and dentists to connect and collaborate. This is one of the many benefits of being an IDA member.

Indian Prime Minister Narendra Modi and US President Donald Trump addressed a historic crowd at the NRG stadium on Sunday September 22<sup>nd</sup> at the "Howdy, Modi" community summit hosted by the Texas India Forum. As a registered welcome partner non-profit organization, 136 IDA members and families showed their support in celebrating the Indian-American community.

I look forward in sharing an evening with you at the upcoming Car & Wine Charity Fundraiser on Saturday October 12<sup>th</sup>, Ferrara

# **IDA TRIBUTE**

## **Fallen Heroes**

This year has been heart breaking in losing key pillars in our community. Deputy Dhaliwal, Ms Bhuchar, and Dr Cayenne's dedication to people is reflected not only by their choices of profession but their relentless dedication to the greater Houston community. We are all fortunate to have known such incredible individuals.



Sheriff Deputy Sandeep Singh Dhaliwal. Indian American Sikh police officer who served with the Harris Sheriff's Countv Office is an inconceivable loss to

our entire community. He was an extraordinary public servant, man of faith, trailblazer, and instrumental role model.



Sonal Bhuchar, a community leader in Fort Bend County, left a mark for impeccable vision and selfless commitment to service. As a physical therapist by profession, her contributions earned a reputation for professionalism, expertise, and humility.



Dr. Satish Cayenne, a life time member of Indian Doctors Association was a skilled, humble, and compassionate cardiologist who was loved by the hospital

staff and his patients. HCA Healthcare Southeast has created an annual <u>Dr. Sathish</u> <u>Cayenne Memorial Citizenship Award</u> in his memory.

Indian Doctors Association sends its deepest sympathy to the families and friends of the fallen heroes.



### **MEMBERS CORNER**

New Member Neil Sutari, MD

Hello! I am a Nephrologist and recently started a private practice servicing the Medical Center and Pearland areas. Growing up in Sugar Land, attending U of H (go Coogs!), and having completed my Nephrology fellowship at Methodist Hospital, Houston has always been my home.

Since joining IDA, I've had the opportunity to network with driven, like-minded peers while attending various events ranging from family game nights and mixers to small business seminars and CME talks. I especially value learning from other physician-entrepreneur members - the advice and direction of whom has proved invaluable as I continue to develop my practice.

Being that kidney disease is often the result of a systemic disorder, I understand that collaboration and communication is paramount. Whether it's a consult or just a curiosity, don't hesitate to reach out - I'll be more than happy to chat!

Hoping to meet many more of you at upcoming events!

### HAVE YOU REGISTERED?

### October 12th : Car and Wine Charity Fundraiser

#### LIMITED TICKETS AVAILABLE!



## MEMBERS CORNER Part 2

#### New Member Rajat Bhatti, MD

I am a rheumatologist with practices in Richmond and Pearland I lived in Houston 10 years ago when I did an echo fellowship at Methodist DeBakey. Moved out of Houston for further training, after 10 years we are back in since we loved Houston and were always looking to move back once done with training.

Houston is a wonderful diverse city with people living amicably from different cultures and we always wanted to be part of it and contribute to it.

I share a similar philosophy with the Indian Doctors Association; I have already been involved with volunteer trips to India as part of American College of Rheumatology. Indian doctors Association encourages its members and also helps them focus on the traits that makes us doctors and encourages empathy, understanding and helping people in need in the US and abroad.

I also enjoy teaching and have signed up with the observership program with Indian Doctors Association to mentor new physicians in this country.

# MARK YOUR CALENDAR! 2nd Annual CME Program



### **IDA Social Media**



Members are highlighted on our social media channels. Take a look

### MEMBERS CORNER Part 3

New Member Rashmi Kudesia, MD, MSc

I am a double board-certified Reproductive Endocrinologist & Infertility specialist, focusing on infertility treatment, fertility preservation (egg and embryo freezing), and management of polycystic ovary syndrome (PCOS). After relocating to Houston last year to join CCRM Fertility Houston (previously Houston IVF, the first fertility practice here in Houston!) and open our newest office in Sugar Land last October. I joined IDA so I could meet and network with more of my local colleagues. Given how common PCOS and related metabolic South Asian disease is among our population, I know we must all be caring for the same patients and families, and I look forward to continuing to share patients with fellow IDA members!

I'm originally a Midwesterner, born in Chicago and raised in suburban Detroit, but moved around quite a bit for school and training. I went to Brown for college and Duke for medical school before moving to NYC for a decade of OB/GYN residency (Cornell), REI fellowship & Master's degree (Albert Einstein), followed by three years of practice at Mount Sinai. Along the way, I met my Sugar Land born-and-bred husband, and we are thrilled to be here in Houston and settled near family. Hope to meet you all at future events!



JOIN IDA TODAY!

## IDA Member Benefits include

Free Annual Ethics CME Course
Volunteer Opportunities with Indian Doctors Charity Clinic/India House/Mission Trip

•Speaking Opportunities at Community Outreach Health Seminars Members Only Referral for Medical Students to Participate in a three week Observation Program at Houston Methodist
Networking Socials and Mixers
Annual IDA Gala Tickets

•Annual IDA Family Picnic

•Scholarship Opportunity for IDA Member College Bound Student

•Reduced Advertising Rate on IDA Website •Free Air Time on 106.1 FM with Subodh Buchar every third Saturday

**JOIN TODAY!** 

## Pictures from the Howdy, Modi event can be found on the IDA website.



# **RESCHEDULED:** IACCGH and IDA Event





Contact: <u>idahoustontx@gmail.com</u> Website: <u>www.idahouston.org</u> Phone: 662.786.0313

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